



We Review the  
Best of the Latest  
Books

ISSN 1934-6557

SirReadaLot.org | 1289 Fordham Blvd, Suite 500 | Chapel Hill  
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June 2021

# June 2021

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## Arts & Photography / Portraits

### **Portraits with an iPhone: Photo Techniques for Pro Quality Images** by Jake Durham (**Phone Photography for Everybody Series:** Amherst Media, Inc.)

The iPhone is all the camera readers need to create captivating portraits of the people around you – from friends and family to paid clients. Capturing a professional portrait requires a specific skill set – one that most casual smartphone photographers are unaware of. In [Portraits with an iPhone](#), Jake Durham looks into the techniques required to optimize the smartphone camera's settings, find appropriate backgrounds, establish focus and exposure, coax believable poses that flatter subjects, work with natural and

artificial light to create flattering effects indoors or outdoors, and provide insight into the personality of the subject.

Durham has had photographic works featured by the Professional Photographers of America, *Oklahoma Today Magazine*, and other publications. He works as a university professor and spends his free time teaching and sharing his passion for photography.

With chapters on basic photographic techniques, teens, families, selfies, couples, black & white portraits, high-school senior portraits, and using a variety of popular, powerful apps, readers can use their smartphone camera – as is or with a few key external lenses and other accessories – to take portraits of those who are near and dear to them, and branch into shooting paid sessions.

Durham in [Portraits with an iPhone](#) shares practical applications, techniques, and tools he uses in iPhone photography, including:

- Why readers should use their iPhone for photography.
- Learning to work within the iPhone's capabilities and the importance of knowing equipment limitations.
- JPEG, HEIF, TIFF, and RAW: What's the difference?
- Camera apps.
- Using Creative Cloud and getting pictures to the computer.
- Composition and basic principles of photography.
- The art of the snapshot.
- The art of portraiture.
- Taking images that suit the subject's style and introducing people to a new way of viewing themselves.
- Editing with mobile applications such as Lightroom Mobile Photo Editor.
- The dreaded selfie.
- Optional lighting techniques and equipment.
- Interchangeable lenses.
- Finding one's unique style.

*Jake has taken portrait photography to a new level and teaches techniques on a level that anyone can apply to get the most out of their smartphone. – Matt Payne, filmmaker, writer, and National Geographic travel photographer*

*Durham introduces basic techniques and demonstrates the stunning results possible with smart-phone photography. Jake covers a wide array of techniques that you can use to get the most out of your photography, without expensive equipment. – Gio Rose, photographer, professor of graphic design, and professional member of the AIGA*

Clear and concise, [Portraits with an iPhone](#) teaches readers how to harness the elements that make an artful portrait from working with natural and artificial light, to

coaxing flattering poses and selecting eye-catching locations. With these techniques, photographers of all skill levels can produce remarkable portraits. <>

## Business & Economics / Entertainment & Sports / Management

### **Sport Marketing, 5<sup>th</sup> edition** by Windy Dees, Patrick Walsh, Chad D. McEvoy & Stephen McKelvey (Human Kinetics)

Sport marketing is more accessible than ever, with sport business professionals, companies, the media, athletes, teams, coaches, and fans connecting in new ways and with new experiences. **Sport Marketing, 5<sup>th</sup> edition** presents a modernized, current-day approach to the dynamic industry of sport marketing. A full-color presentation brings the field to life with comprehensive coverage – balanced between theoretical and practical – to provide an understanding of the foundations of sport marketing and how to enhance the sport experience.

Building on the legacy that Bernard Mullin, Stephen Hardy, and William Sutton established in the first four editions, a new author team, handpicked by their predecessors, draw from their modern experience in the field to add a fresh perspective to this text. Authors of **Sport Marketing, 5<sup>th</sup> edition** are Windy Dees, Patrick Walsh, Chad McEvoy and Steve McKelvey. Dees is an associate professor of sport administration in the School of Education and Human Development at the University of Miami and serves as the graduate program director for sport administration at the University of Miami. Walsh is an associate professor of sport management in the David B. Falk College of Sport and Human Dynamics at Syracuse University. Prior to entering academia, Walsh worked in marketing with the National Football League's Buffalo Bills and was an associate with Velocity Sports and Entertainment. McEvoy is vice provost for faculty affairs at Northern Illinois University, having previously served as a faculty member at Illinois State University and Syracuse University. McKelvey joined the Mark H. McCormack Department of Sport Management at University of Massachusetts–Amherst in 2002, after spending 15 years in the sport industry in New York City.

These authors bring the sport industry to readers through extensive industry examples, interviews of top sports executives, challenging case studies, and global perspectives from teams, leagues, and other agencies around the world. Reflecting the evolving landscape of sport marketing, **Sport Marketing** prepares students to stay on the leading edge with the following updates:

- A focus on current and emerging technologies and how they have revolutionized the sport industry – ranging from mobile video streaming and fantasy sports to artificial intelligence and virtual reality.

- Greater emphasis on data and analytics to make more informed business decisions.
- In-depth examination of how social media and digital platforms serve as critical communication channels to drive sport marketing strategy and execution.
- New content on target marketing, including understanding millennial sports fans and engaging with Generation Z.
- Updated coverage of sales processes, addressing both traditional methods and new strategies for the mobile age.
- Discussion of modern ticketing practices and the secondary ticket market, including how leagues partner with secondary ticket providers and the impact on pricing strategies.

Also new to the **fifth edition** of [Sport Marketing](#) are related online learning aids, now delivered through HKPropel, designed to engage students and test comprehension of the material. Exclusive video interviews with sport industry leaders offer insights into how they incorporate marketing strategies into their daily work. Discussion questions and activities for each chapter guide students to apply core concepts, and web search activities provide opportunities for students to compare strategies found on sport organization websites and other online locations.

Chapter objectives, an opening scenario, sidebars highlighting key concepts, and Wrap-Up, Activities, and Your Marketing Plan sections at the ends of chapters offer students additional learning tools as they explore how fans, players, coaches, the media, and companies interact to drive the sport industry.

A tried and true text, [Sport Marketing, 5<sup>th</sup> edition](#) with HKPropel Access has been updated to leading edge standards. Students can develop valuable marketing skills and prepare for successful careers in the competitive world of sport marketing. <>

## Business & Economics / Gender

### **Glass Half-Broken: Shattering the Barriers That Still Hold**

**Women Back at Work** by Colleen Ammerman & Boris

Groysberg (Harvard Business Review Press)

For years women have made up the majority of college-educated workers in the United States. In 2019, the gap between the percentage of women and the percentage of men in the workforce was the smallest on record. But despite these statistics, women remain underrepresented in positions of power and status, with the highest-paying jobs the most gender-imbalanced. Even in fields where the numbers of men and women are roughly equal, or where women actually make up the majority, leadership ranks remain male-dominated.

The persistence of these inequalities begs the question: Why haven't we made more progress?

In [Glass Half-Broken](#), Colleen Ammerman and Boris Groysberg reveal the pervasive organizational obstacles and managerial actions – limited opportunities for development, lack of role models and sponsors, and bias in hiring, compensation, and promotion – that create gender imbalances.

Ammerman is Director of the Harvard Business School Gender Initiative, which catalyzes and translates cutting-edge research to transform practice, enable leaders to drive change, and eradicate gender, race, and other forms of inequality in business and society. Groysberg is the Richard P. Chapman Professor of Business Administration at Harvard Business School and a faculty affiliate at the Gender Initiative.

Bringing to light the key findings from the latest research in psychology, sociology, organizational behavior, and economics, Ammerman and Groysberg show that throughout their careers – from entry-level to mid-level to senior-level positions – women get pushed out of the leadership pipeline, each time for different reasons. Presenting organizational and managerial strategies designed to weaken and ultimately break down these barriers, [Glass Half-Broken](#) is the authoritative resource that managers and leaders at all levels can use to finally shatter the glass ceiling.

Why the gender gap persists and how we can close it

*This nuanced and comprehensive look at the gender gap hits as an impassioned cry for corporate leaders to make some serious changes. – Publisher's Weekly*

*Many have lamented that the world of work is still full of obstacles for women, but few have been able to do anything about it. This book could finally make a dent: it's packed with evidence and enlivened with examples of how organizations can finally start making real progress on gender parity. – Adam Grant, New York Times bestselling author, Think Again and Originals; host, TED podcast WorkLife*

*This book is a call to action – for all of us. Business leaders, educators, women, and male allies will discover that the glass ceiling can be shattered if we get our day-to-day practices and our formal procedures right. – Iris Bohnet, Albert Pratt Professor of Business and Government, Harvard Kennedy School; author, What Works: Gender Equality by Design*

*We need to transform norms at home and in the workplace that continue to reinforce gender bias and make it harder for women to reach their potential. Fortunately, this book offers tools for managers and leaders to do their part to create and sustain that change. – Commodore M. Jitendran, former Chairman and Managing Director, Cochin Shipyard Ltd.*

[Glass Half-Broken](#) is a must-read for every manager and leader. Packed with insightful research, coupled with real and raw stories, this book by Ammerman and Groysberg delves deep into the issues that cause women to lose out in the leadership race. – Maya Hari, Vice President and Managing Director, Asia Pacific, Twitter

Ammerman and Groysberg provide a real service in terms of exposing the perceptions that still impede the progress of too many talented women at all stages of their careers. A must-read for those who either lead or aspire to lead organizations capable of competing and winning in the evolving business landscape of the twenty-first century. – Ken Frazier, Chairman and CEO, Merck

Are you a leader wondering what you can do to create a more equitable working environment? [Glass Half-Broken](#) will give you a specific set of actions you can take today to build teams that are more innovative, productive, and fair. – Kim Scott, author, *Radical Candor*

[Glass Half-Broken](#) explains why the gender gap persists and how we can close it.

A call to action, the book offers tools for managers and leaders, steps they can take to build teams and lead change. <>

Business & Economics / Management / Leadership / Religion & Spirituality

## [Lead Like It Matters to God: Values-Driven Leadership in a Success-Driven World](#) by Richard Stearns (InterVarsity Press)

Richard Stearns is a leader who has been tested as a CEO in both secular companies and also as the head of one of the world's largest Christian ministries. After stints as CEO of Parker Brothers and then Lenox, Stearns accepted the invitation to leave his corporate career to become the president of World Vision US, where he became the longest serving president in their seventy-year history. During his tenure there he implemented corporate best practices, lowering overheads while tripling revenues. His leadership in calling the American church to respond to some of the greatest crises of our time, notably the HIV and AIDS pandemic, and the global refugee crisis, challenged Christians to embrace a bold vision for compassion, mercy, and justice.

In [Lead Like It Matters to God](#), Stearns shares the leadership principles he has learned over the course of his remarkable career. As a leader who has navigated both secular and sacred spaces, Stearns claims that the values Christian leaders embrace in their workplaces are actually more important than the results they achieve – that God is

more concerned about a leader's character than a leader's success. Stearns shares stories of his life journey and unpacks seventeen crucial values that can transform leaders and their organizations. When leaders embody values such as integrity, courage, excellence, forgiveness, humility, surrender, balance, generosity, perseverance, love, and encouragement, they not only improve their witness for Christ, they also shape institutions, influence culture, improve team performance, and create healthy workplaces where people can flourish.

*Rich Stearns has written a book that we have all needed as leaders for so long, one that lifts the importance of values over success by human standards. Living faithfully is much harder than producing results that make us look smarter than we really are. This book will challenge your character and remind you of what really matters to God. – David Anderson, author of Gracism: The Art of Inclusion, pastor of Bridgeway Community Church*

*Richard Stearns is a leader not only to admire because of his successes but also to learn from because of his honest self-reflection about his failures. Interwoven as these two necessarily are, Stearns lays them out before us here with humility, candor, grief, faith, and hope. Those are among the leadership characteristics I most want to reflect, and to do so in ways that honor God and those I try to lead. Thank you, Rich Stearns, for leading like it matters to God. It shows. – Mark Labberton, president, Fuller Theological Seminary*

*My friend Rich Stearns is a leader who is humble and unafraid, a rare combination. He knows that justice and mercy are not incompatible and that we all are called to speak both truth and love. I have had the privilege of watching Rich lead with the courage and humility needed for difficult times like this. – Bill Haslam, former governor of Tennessee*

*In a time of crisis when the very values that make up 'Christian' leadership seem to be woefully rare, Rich Stearns is one of the voices that I most need to speak into my own life and leadership. A former corporate CEO and a twenty-year president of World Vision, Stearns is a tested and trusted leader who offers us a way back to a vision of leadership that is worthy of wholehearted commitment. Like reading the personal journal of a courageously candid mentor, Rich Stearns opens his heart and shares his own experience in the struggle of becoming – and remaining – a leader who demonstrates the values of what matters most to God. I will return to this book again and again. – Tod Bolsinger, Fuller Seminary, author of Canoeing the Mountains: Christian Leadership in Uncharted Territory*

*Sit down and read Rich Stearns. It's like a privileged conversation with a wise mentor who really cares about you. Aristotle wrote that why is the most important question. In a world full of how books, Rich answers why Christian leadership matters. – Leith Anderson, president emeritus of the National Association of Evangelicals, author of Leadership That Works*

**Lead Like It Matters to God** is a leadership book like no other. A class all by itself. The theme throughout the book of a leader's character is paramount. Character is the core of leadership coupled with the values Jesus taught, clothed in excellence and love. The line 'Surrender is the place where your leadership begins' captures the depth of the level of leadership discussed. This entire book weaves Rich Stearns's experiences from many years of leading in the secular business world and the Christian global nonprofit world with lessons learned, principles to practice, questions to ponder, and examples of both success and failure. A book for these times!!! A book for now and future leaders who will join God in changing the world for good. – Jo Anne Lyon, general superintendent emerita, The Wesleyan Church

*For years, I have hoped that Rich Stearns would write this very book. The sad predicament is not simply that the Christian world often outdoes the ambient culture in defining success as winning, displaying, and image maintenance. The end result is exhaustion and cynicism. In this enlivening book, Rich Stearns shows a different way: the way of integrity. Very few people have ever served in such wide-ranging positions of experience as Rich Stearns. Here he guides us through the lessons he has learned along the way. This book will equip and inspire you as you lead, in whatever place God has put you, by enabling you to listen to a battle-tested leader who has earned our trust. – Russell Moore, president, the Ethics & Religious Liberty Commission of the Southern Baptist Convention*

Through his wisdom, wit, and biblical teaching, Stearns in **Lead Like It Matters to God** will inspire a new generation of Christian leaders to boldly take their values into their workplaces. Through the captivating stories of his life, he unpacks crucial values that can transform leaders and their organizations. <>

**Resowing the Seeds of War: Presidential Peace Rhetoric since 1945** by Stephen J. Heidt (**Rhetoric & Public Affairs Series**: Michigan State University Press)

Ending a war poses a much greater challenge than beginning one. In addition to issues related to battle tactics, prisoners of war, diplomatic relations, and cease-fire negotiations, ending war involves domestic political calculations. Balancing the tides of public opinion versus policy needs poses a deep and enduring problem for presidents. In a first-of-its-kind study, [Resowing the Seeds of War](#) explains how Presidents Truman, Eisenhower, Nixon, and Obama managed the political, policy, and bureaucratic challenges that arise at the end of war via a series of rhetorical choices that reframe, modify, or unravel depictions of national enemies, the cause of the conflict, and the stakes for the nation and world. This end-of-war rhetoric justifies ending hostilities, rationalizes postwar national policy, argues for the construction of postwar security arrangements, and often sustains public support for massive financial investment in reconstruction.

By tracking presidential manipulations of imagery from World War II to the War on Terror, Stephen J. Heidt in [Resowing the Seeds of War](#) concludes that even as metaphoric reframing facilitates exit from conflict, it incurs unexpected consequences that make national involvement in the next conflict more likely.

Heidt has taught at Florida Atlantic University, California Lutheran University, and California State University, Northridge, focusing on the form and function of presidential rhetoric in policy deliberation. By focusing on this important but understudied discourse, [Resowing the Seeds of War](#) attends to the rhetorical means by which presidents and their bureaucracies articulate the postwar challenge to reshape policy.

This book encourages scholars of presidential rhetoric to think of the significance of presidential speech outside the confines of the instrumental/constitutive divide and instead conceive of presidential speech as operative upon the president, the party, the institution, and the public – to see presidential speech as indicative of a logic structure that it helps establish. [Resowing the Seeds of War](#) explains the permanence of American power in the postwar era. Institutionalists note the installation of American power in postwar institutions like the United Nations, the World Bank, the International Monetary Fund, and other international bodies that are located in the United States and influence international economics and power distribution.

Heidt's thesis suggests that avenues for change, modulation, and transition constitute one reason distinctions between 'us' and 'them' endure as a discourse. These acts of

transformation shift conceptions of the enemy, but they don't banish discourses of otherization. Instead, this work underscores how the systemic and regular use of otherization as a primary tactic for justifying postwar policy inscribes the nation in cycles of war from which we have yet to escape.

**Chapter 1** argues that Truman's selection of disease metaphors at the end of World War II finessed attitudes toward the defeated foes by explaining the cause of war as the symptom of weak German and Japanese body politics. This rhetoric contextualized the rise of fascism as the outcome of fixable flaws, justifying occupation and reconstruction in the process. By assigning the cause of the war to the disease of Nazism and militarism, Truman's end-of-war rhetoric enacted the president-as-doctor persona, limiting presidential management of the postwar era to policies associated with observation, diagnosis, treatment, and follow-up.

**Chapter 2** charts shifting metaphoric conceptions of the enemy and danger in Korea from the domain of the disease/doctor metaphoric pair to metaphors of competition. That movement began with Truman's depiction of the invasion as a criminal action, enabled by the Soviet Union. Entailing the president in the persona of the game player, this metaphoric shift facilitated a negotiated settlement in Korea while setting the stage for the next confrontation in Southeast Asia.

For both Truman and Eisenhower, ideological orientations evoked metaphoric pairs that guided and constrained their end-of-war rhetoric and, in consequence, the national-security bureaucracies tasked with implementing presidential visions. Richard Nixon's belief that he could win the war in Vietnam, too, shaped his end-of-war rhetoric and his policy approach. **Chapter 3** charts two rhetorical displacements in Nixon's rhetoric of the enemy. First, Nixon explained the cause of the conflict not as ideological, but as the outcome of a poorly structured or fractured set of international relationships. Second, Nixon abandoned the competition metaphor used to explain the danger posed by communism – specifically the metaphor of falling dominoes – in favor of metaphors of architecture that spoke to the structure of international relations themselves. This new political language of the war erased the figure of the enemy, rendering the North Vietnamese a mere manifestation of the true, spectral danger of power imbalances. Entwining the president in the persona of architect, the metaphoric economy of architecture echoed across the foreign affairs bureaucracy to articulate peace as something planned, built, and transacted.

**Chapter 4** in [Resowing the Seeds of War](#) contends that Obama's end-of-war rhetoric sought to disembody the enemy by cloaking its identity in mystery and emphasizing the disembodied structures used by the enemy to endanger the West. While the parameters of the disembodied enemy were present at the inception of the War on Terror, Obama's discourse diffused and distributed the enemy across time and space, rendering the modern antagonist a precarious sort of fighting force with an ever-shifting

membership, unbound by nationality or race. The chapter maps the rhetorical depiction of the savage across the Bush and Obama administrations to demonstrate how the same metaphors gave rise to different presidential personae and policy attitudes. For Bush, the existence of terrorist sanctuaries and organizational networks signaled the existence of a disordered, ungoverned world that needed frontier justice. Embodying the persona of the sheriff on the lawless frontier, Bush sought to occupy and democratize the frontier as a means to prevent the danger posed by terrorism. Obama, having pledged to end the war in Iraq and win in Afghanistan, also employed the discourse of the safe haven and the metaphor of the network to depict the danger posed by terrorism. Embodying the persona of the watchman justified the gradual end of the occupations, but it also reordered the national-security bureaucracy away from democratization and pacification and toward efforts to seek, find, and destroy terrorists before they could launch deadly attacks. This rhetoric, an end-of-war discourse committed to the withdrawal of ground forces but not an end of national violence, underwrote the rise of aerial bombardment as the preferred policy for addressing terrorists in ungoverned or hostile territory.

Each of the selected cases demonstrates how metaphoric displacement aligns policy to fit the rearticulated enemy and indexes the new entailments those metaphors enact upon the president. The flexibility afforded by shifting depictions of the enemy provides presidents with a crucial resource at the end of war – options. Presidents who enjoy multiple rhetorical options enjoy greater latitude of action when confronting diverse and unstable rhetorical and geopolitical contexts. Presidents who find their options significantly constrained have difficulty developing and justifying policies capable of addressing the new complex of power that appears at the end of war. Principally, this discourse mobilizes depictions of the enemy, international relations, and the potential for new threats to extend, deepen, and perpetuate the rationale for American leadership in the world. [Resowing the Seeds of War](#) concludes that the language used to depict the defeated foe extends and amplifies the discourse of otherization, while establishing the conditions for the next episode of armed confrontation with foreign Others. Institutional discourses of peace have always been discourses of war.

*Stephen J. Heidt's [Resowing the Seeds of War: Presidential Peace Rhetoric since 1945](#) since 1945 is a valuable and innovative contribution to scholarship on US war rhetoric. – Robert L. Ivie, professor emeritus in English and American studies, Indiana University Bloomington, and coauthor of *Hunt the Devil: A Demonology of US War Culture**

Importantly, this study identifies how fluid depictions of the enemy amplify presidential power at the end of war while authoring a postwar policy regime that ensures the continuation of American hegemony. [Resowing the Seeds of War](#) shows that even as

metaphoric reframing facilitates exit from conflict, it incurs unexpected consequences that make the next conflict more likely. <>

## Literature & Fiction / Novels

**[The Essence of Nathan Biddle](#)** by J. William Lewis (Greenleaf Book Group Press)

**[The Essence of Nathan Biddle](#)** is a timeless coming-of-age tale.

The author, Alabama native J. William Lewis, is a former lawyer who lives in Shoal Creek, a suburb of Birmingham.

In **[The Essence of Nathan Biddle](#)** protagonist Kit Biddle is a rising prep school senior who finds himself tangled in a web of spiritual quandaries and intellectual absurdities. Kit's angst is compounded by a unique psychological burden he is forced to carry: his intelligent but unstable Uncle Nat has committed an unspeakable act on what, according to the Uncle's deranged account, were direct orders from God.

The tragedy haunting his family follows Kit like a dark and foreboding cloud, exacerbating his already compulsive struggle with existential questions about the meaning of his life. When the brilliant, perhaps phantasmic, Anna dismisses him, Kit quickly spirals into despair and self-destruction. But when his irrational decision to steal a maintenance truck and speed aimlessly down the highway ends in a horrific accident and months of both physical and emotional convalescence, Kit is forced to examine his perceptions of his life and his version of reality in **[The Essence of Nathan Biddle](#)**.

In this *bildungsroman*, calamity leads to fresh perspectives and new perceptions: it focuses Kit's mind and forces him to confront the issues that plague him. Readers will empathize – and celebrate – as the darkness lifts and Kit comes to terms with the necessity of engagement with life's pain, pleasure ... and absurdity.

*A mesmerizing book.* – San Francisco Book Review

*Eloquent, provocative, and beautifully written, **[The Essence of Nathan Biddle](#)** is like discovering The Catcher in the Rye all over again.* – David Armstrong, the author of *The Third Gift* and *The Rising Place*

*Prepare to be captured on page one. You're about to stumble into a book that will resonate and stay with you for a long time to come.* – Kaye Barley, author of *Whimsey*

*An utterly enchanting tale of self-discovery.* – Dwaine Rieves, author of *Shirtless Men Drink Free* and *When the Eye Forms*

Powerful ... an engrossing, involving story. – Midwest Book Review

A captivating tale, [The Essence of Nathan Biddle](#) soars in the spaces that exist between despair and hope, darkness and light, love and loss. Beautifully written, moving, and filled with characters destined to remain with readers long after the last page is turned, the book is unforgettable. <>

Literature & Fiction / Poetry

## [The Bad Wife](#) by Micheline Maylor (**Robert Kroetsch**

**Series:** The University of Alberta Press)

*Start with the archetype of innocence. Start as the lawful good, let the Kraken dice fall on good favor. Start with a long white sundress, strappy sandals, and bring a puppy. Flirt. Look wide-eyed at the world with brown swirling fingers. Point at dreams and purple mountain bluebells. Use brown sugar in your coffee. Sweeten everything. Once sure you are being followed by the man, let the tan of your ankle show. Hide the barnyards of your life in the hem of your skin. Daub the light pink eyeshadow from Shoppers Drug Mart in the corner of your lids. Appear fresh. You must look good to make the effects really last before you turn dark.*

*Turn dark after the vows. Wait until after the first born and the second born. Secure your sweetness in their DNA. Then experience the rock-slide of your own heart, skiff across doubt's surface. Slide slowly, gather dirt and wounds. Stay calm and frightening, a temple guardian of the heart. Envision lizards running on water. Panic at your own life. Find yourself someone to talk to. A nice professor much older than you. Always safe. Go somewhere with coffee. Be sure the children are with the babysitter. Start sinking, not skimming. Become an unreliable narrator. Find danger as water invades your ears, sunlight loyal above you. See the patterns on the surface ripple and shake. Here is the diaphanous. Find yourself drowned. Utter your own epitaph from underneath the seas. Here lies. Here lies the bad wife. – from the book*

Micheline Maylor's [The Bad Wife](#) is an intimate, first-hand account of how to ruin a marriage. This is a story of divorce, love, and what should have been, told in a brave and unflinching voice. Pulling readers into a startling web of sensuality, guilt, resentment, and pleasure, this collection asks: what if you set off a bomb in your own house? What if you lose love and destroy everything you ever knew?

Author Micheline Maylor is a Poet Laureate Emeritus of Calgary (2016-18) and was the Calgary Public Library Author in Residence in Fall, 2016. She teaches creative writing at Mount Royal University.

*These poems will wreck your home, wake you up with their noisy sex, devastate like a Wall Street banker on a Saturday night bender. These poems will sober you up in the morning with the strength of flowers, of prayer flags. These poems understand everything you've lived through. They show you where you live. – Susan Musgrave, author of Origami Dove*  
*Micheline Maylor is Canada's Anne Sexton. To understand *The Bad Wife*, imagine Sexton on stage in 'cum-fuck-me-shoes,' perhaps chain-smoking, belting out Walt Whitman's lost one-woman show about Helen of Troy. Linguistically inventive, surreal, playful, and ruthlessly honest, Maylor wades into the swamp of divorce, emerging with almost unbearable images of humiliation, devastation, joy, and praise. 'I've been,' she exclaims, 'a home wrecker, / witch, savior, mentor, mother. Let me tell you, I have been all / those things.' In these confessional poems, Maylor – without a whiff of virtue signaling – places her own psyche and body under the microscope, as great artists do. - John Wall Barger, author of *The Mean Game**

These poems have a disarming immediacy, full of surprising imagery, dark humor, and the bold thoughts of a vibrant and flawed protagonist. Balancing a need for wildness and the space to dwell, [The Bad Wife](#) explores the taut confines of those vivid, earthly pleasures that we all know and sometimes can't escape. <>

Outdoors & Nature / Crafts & Hobbies / Birding / Arts & Photography

[Falcons of North America](#), 2<sup>nd</sup> edition by Kate Davis, with photography by Kate Davis, Nick Dunlop & Rob Palmer (Mountain Press)

Bold and beautiful, falcons hold a special place in the hearts of people. In [Falcons of North America](#), 2<sup>nd</sup> edition, renowned raptor advocate and environmental educator Kate Davis opens a door into the lives of these extraordinary, enigmatic birds of prey. Davis began life with a love of animals and was caring for mammals and raptors with the Cincinnati Zoo Junior Zoologists Club starting in 1973. Her father had a great interest in photography, tutoring Davis with a darkroom in the basement during her childhood. She received a degree in Zoology from the University of Montana in 1982 and founded the nonprofit educational organization Raptors of the Rockies in 1988. Davis keeps a dozen nonreleasable and falconry birds at the facility at her home in western Montana.

She has presented 1,800 programs featuring these raptors for 136,000 people, young and old alike, plus has conducted keynote addresses across the country and one TED Talk.

Since the publication of the **first edition** of [Falcons of North America](#) 13 years ago, advances in technology have revolutionized the study of falcons. This updated and revised **second edition** contains completely new classifications of the six North American falcon species based on DNA studies. Population trends are explored with discussions of the mysterious decline of the American Kestrel and the impact of global warming on falcons, particularly the arctic-dwelling Gyrfalcon. Many sections have been revised and updates have been added to several chapters. Species account edits come from Chris McClure, Bruce Haak, Dean Keddy-Hector, Michael Kochert, Karen Steenhoff and Traves Booms.

Davis in [Falcons of North America](#) also includes fascinating details on one of the greatest conservation success stories – that of the Peregrine Falcon – from a brush with extinction in North America to greater populations than ever before, even thriving as city dwellers across the continent.

*It should be no surprise if many people buy this book for the photos alone, because they are superb – both stunning and unique. But a glance at the text, which is eminently worth reading, draws a reader further into a raptor's world. The considerable amount of interesting information new to this edition makes it an excellent survey of the biology of North American falcons, written in a style that transmits the author's passion for the fascinating creatures that they are. – Hans Peeters, Author, Artist, Naturalist*

*Doing justice to the falcons in a book is a tall order, but this one surpasses expectations. Filled with fascinating information and absolutely breathtaking images, I find myself going back again and again to browse or just to stare at a photo. Wow! – L. David Allen Sibley, Author of The Sibley Guide to Birds*

Amazing photos and plenty of them are enough to make readers find [Falcons of North America](#) indispensable, but the book is also well written and provides many fascinating details. <>

## **The British Prime Minister in an Age of Upheaval,**

**1<sup>st</sup> edition** by Mark Garnett (Polity Press)

In [The British Prime Minister in an Age of Upheaval](#) Mark Garnett provides a bracing reassessment of the role of the British Prime Minister, from Margaret Thatcher's controversial tenure to Boris Johnson's attempt to confront a pandemic with a ministerial team created to face the very different challenge of Brexit. Taking a thematic approach, Garnett explores the impact of major political developments and personalities on key aspects of prime ministerial functions as party leader, Cabinet-maker, chief diplomat and electoral talisman.

Garnett is Senior Lecturer in Politics at Lancaster University who has written numerous books on UK politics.

Much of the controversy over the position of Prime Minister, Garnett says, arises from confusion between the occupant's inescapable political prominence and his or her – often limited – ability to achieve positive policy outcomes. With both David Cameron and Theresa May forced to resign since 2016, the book questions whether the nature of the job has become a deterrent for politicians who are motivated by a desire to serve the British public, opening the way for individuals with much less laudable motivations.

The approach of [The British Prime Minister in an Age of Upheaval](#) reflects Garnett's view that attempts to draw on all of these sources, updated and reassessed at suitable intervals, can themselves serve as useful contributions to the subject, and that these exercises have been too rare. Ideally, books of this kind can be written in a way which informs general readers as well as offering suggestions for students. The main purpose of this attempt is to provide evidence and analysis which allow all readers to draw their own conclusions about changes in the Prime Minister's role since 1979.

The chapters of [The British Prime Minister in an Age of Upheaval](#) deal with various aspects of the Prime Minister's role. The format is thematic, but within each of the themes the treatment is broadly chronological (normally beginning with Thatcher and ending with Theresa May – the early part of the Johnson premiership is discussed in the concluding chapter). There is no attempt to provide an exhaustive list of the Prime Minister's resources, and some aspects of the position (e.g. its reliance in so many ways on prerogative powers, and responsibilities in relation to nuclear weapons) do not figure prominently in the discussion compared to the invaluable works of scholars like Lord (Peter) Hennessy. The primary focus is on the factors which have allowed Prime Ministers to retain so many of the duties and privileges once assigned to the monarchy, despite the subsequent introduction of democratic procedures.

With a structure which is chronological as well as thematic, [The British Prime Minister in an Age of Upheaval](#) can also serve as a history of UK politics since 1979 – albeit one which is skewed towards the prime ministerial perspective. This explains why devolution within the UK does not feature heavily – British Prime Ministers, including Blair, who oversaw the beginning of the process, have acted as if this constitutional development never happened. The reality, of course, is very different, and the divergences between the various components of the UK have become increasingly important thanks to the 2016 referendum and the Covid-19 pandemic (which also revealed the centrifugal potential of directly elected Mayors, particularly in the north of England).

*Laced with wit and irony [...] Garnett makes a challenging and thought-provoking case – Vernon Bogdanor, The Telegraph*

*Intelligent and insightful – Andrew Rawnsley, The Observer*

*Few people know more about post-war British politics than Mark Garnett, and very few academic authors can make a thought-provoking analysis so enjoyable to read – Iain Dale, broadcaster and political commentator*

*In this excellent and authoritative book, Mark Garnett offers invaluable insights into the troubled waters where politics and government merge in the role of Prime Minister. – Sir John Chilcot*

*A wonderfully invigorating read. Every page made me think, and it will surely become one of the definitive works on Britain's recent Prime Ministers. – Dominic Sandbrook, columnist and television presenter*

*A subtle and sophisticated contribution to the debate on the role of the Prime Minister, which also succeeds in being delightfully readable. – David Lipsey, Labour Peer*

*With knowledge, insight and wit, Mark Garnett explores how modern Prime Ministers – from Thatcher to Johnson – have coped with high office in troubled times. For Boris Johnson (and his successors) this is an excellent handbook in How to Be Prime Minister – and how not to be. – Michael Crick*

*Approachably written, wide-ranging, and both historically-aware and bang up-to-date, Mark Garnett's book helps explain why what has become an almost impossible job – one that offers presidential-style prominence but far less real power than many of us imagine – increasingly seems to attract such improbable politicians. A great read for anyone interested in the past, present and future of British politics. – Tim Bale, Queen Mary University of London*

*This is a timely attempt at helping us to better understand the role of the British Prime Minister and the challenges of providing effective political leadership. Mark Garnett has developed a thematic study which provides us with a range of new insights: a must-read for students and scholars with an interest in UK politics. – Timothy Heppell, University of Leeds*

*A fresh, timely and original volume on the Prime Minister from one of our leading authorities on postwar British history. – Anthony Seldon, author and educator*

Highly readable, [The British Prime Minister in an Age of Upheaval](#) is a timely book with a sophisticated take on the debate about the role of the Prime Minister. Potential candidates, read it to learn what to do and what not to do. <>

Religion & Spirituality / Buddhism / Tibetan

## **[Entering the Way of the Bodhisattva: A New Translation and Contemporary Guide](#)** by Shantideva, translated by Khenpo David Karma Choephel (Shambhala)

For well over a millennium, Shantideva's guide to the bodhisattva's path has been revered and studied as a manual for becoming a bodhisattva, someone who is dedicated to achieving enlightenment in order to benefit all beings. [Entering the Way of the Bodhisattva](#) is a modern translation of an essential Mahayana Buddhist text capturing the meaning and musicality of Shantideva's original verse and providing readers with an accessible guide to its profound depths.

Shantideva (8th c.) was a scholar from the monastic university Nalanda, one of the most celebrated centers of learning in ancient India. He is renowned as the author of ***Entering the Way of the Bodhisattva***, which legend says is a teaching that he delivered as he rose into the sky and vanished. Translator Khenpo David Karma Choephel is Khenchen Thrangu Rinpoche's main English-language translator as well as the translator of many books on Tibetan Buddhism. He studied Buddhist philosophy at the Vajra Vidya Institute in Namu Buddha, Nepal, and Sarnath, India, and earned the title of Khenpo, essentially a PhD in the Tibetan system.

[Entering the Way of the Bodhisattva](#) is a fresh translation of, and commentary on ***Entering the Way of the Bodhisattva***, perhaps the most renowned and thorough articulation of the bodhisattva path. Khenpo David Karma Choephel communicates the power of Shantideva's insights through careful attention to both the meaning and the rhythmic pulse of each stanza, all the while providing necessary context and practical advice for modern readers.

After presenting the full translation, Khenpo David Karma Choephel then introduces readers to the text, explaining the key points of each chapter with clarity and wisdom. Combining a uniquely poetic translation with detailed analysis, [Entering the Way of the Bodhisattva](#) is a comprehensive guide to developing oneself in service of others.

The translation is followed by a chapter-by-chapter guide, which provides necessary context and practical advice.

Shantideva's **Way of the Bodhisattva** gives clear and inspiring teachings on developing loving-kindness, compassion, and bodhichitta. Not only is studying it important for students of the Mahayana, it can also help anyone develop a good heart and become a better person. I am sure that this new translation and short guide by Khenpo David Karma Choephel will bring great benefit to many people. – Khenchen Thrangu Rinpoche

Shantideva's [Entering the Way of the Bodhisattva](#) is one of the most celebrated treatises from the golden age of Indian Buddhism. It sets forth all of the key trainings of the Mahayana path, and its beautiful verses have inspired great masters and dharma practitioners throughout centuries. I am delighted that, under the guidance of the Venerable Khenchen Thrangu Rinpoche, Khenpo David Karma Choephel has offered a fresh translation of this transformative set of instructions. The wisdom and compassion of Shantideva's work is as timely as ever for our world, and I am certain that many will find pure fuel for their journey in these pages. – Dzogchen Ponlop Rinpoche, author of *Mind Beyond Death and Emotional Rescue*

This most accurate and amazingly readable translation of the **Way of Bodhisattva** by Khenpo David Karma Choephel shows his complete mastery of both the target and source languages as well as his deep knowledge and genuine experience. This book will be used for generations. – Ringu Tulku

Readers interested in the bodhisattva path will find [Entering the Way of the Bodhisattva](#) a comprehensive resource filled with captivating verse and incisive interpretations. In this fresh and poetic translation, teachings that have been at the heart of Mahayana practice for centuries are given new life, and the supporting commentary makes the text accessible and applicable to practitioners. <>

Religion & Spirituality / Jesus / Hinduism / Ecumenicism

[Lead, Kindly Light: Gandhi on Christianity](#) edited by Robert Ellsberg (Orbis Books)

[Lead, Kindly Light](#), an anthology of Gandhi's writings, is enhanced by thoughtful responses from Christian scholars and students of Gandhi's teachings, highlighting his contributions to inter-religious dialogue.

For his role in promoting active nonviolence, Mohandas Gandhi is widely revered as one of the great moral prophets of the twentieth century. [Lead, Kindly Light](#) focuses on a lesser-known area of his interest: his engagement with Jesus and Christianity.

Throughout his life, Gandhi conducted an ongoing dialogue with Christian believers and missionaries. As a faithful Hindu, he was unwilling to accept Christian dogma. In Jesus, however, he recognized and revered one of history's great prophets of nonviolence. His criticism of contemporary Christianity was the failure of most Christians to embody the radical faith and action of Christ.

In addition to Gandhi's writings, [Lead, Kindly Light](#) includes responses from Christian scholars and students of Gandhi highlighting his contributions to inter-religious dialogue (Diana L. Eck), Christian self-understanding and practice (James Douglass and Ignatius Jesudesan, SJ), and self-critical reform of Christian mission (Bob McCahill, MM), as well as reflections on the influence of Gandhi's favorite hymn, "Lead, Kindly Light" (William Emilsen).

Robert Ellsberg, the editor of the volume and the publisher of Orbis Books, is the author of many books on saints and holy lives. His contribution to this volume includes a personal essay, "Without Gandhi I Would Not Be a Christian."

The purpose of [Lead, Kindly Light](#) is not to 'claim' Gandhi for Christianity, nor to subject his views on Christianity to theological critique. Rather, the intention is to extend and deepen the conversation between Gandhi and Christians with the hope that Christian readers, in particular, might respond to Gandhi's challenge with new self-understanding and renewed faith. Increasingly the center of gravity of world Christianity is shifting from Europe and the North to the peoples of the South – the poor of Latin America, Asia, and Africa, for whom God, as Gandhi used to say, must appear in the form of bread. If Christianity is to offer the bread of life, if it is to assume a global rather than merely imperial identity, it must attend carefully to the questions that Gandhi has posed. Ellsberg in the introduction to [Lead, Kindly Light](#) reminds readers of the Christ of the Untouchables, stripped to a loincloth, as he washed the feet of his disciples.

*Gandhi's call for mutuality and the hospitality of receiving wisdom from other traditions has never been more urgent. Robert Ellsberg's book has been for me an indispensable decades-long companion, and the release of this expanded edition is a source of joy. Both students and Gandhi scholars will find treasure herein.* – John J. Thatamanil, Union Theological Seminary

*Gandhi, while an avowed Hindu, also revered the figure of Jesus and certain Christian values and principles. His model of interreligious dialogue has inspired many Christians to fashion and practice a more capacious Christianity than the chauvinistic and intolerant versions sadly often on display* – Joseph Prabhu, Trustee (Emeritus), Parliament of the World's Religions

*Gandhi was inspired by the life and death of Jesus, but not by the rigid interpretation of any particular religion. This Gandhi comes alive in this beautifully edited volume for us to see, read, and understand. – Kumar Prashant, Chair, Gandhi Peace Foundation, New Delhi*

There have been 30 previous editions of [Lead, Kindly Light](#). This expanded edition is adapted from the South Asian edition. <>

## Religion & Spirituality / Magic

### **[American Brujeria: Modern Mexican American Folk](#)**

#### **Magic** by J. Allen Cross (Weiser Books)

In recent years, a fascinating blend of folk magic grounded in Mexican culture has taken root in America. Practiced by Mexican Americans and dubbed 'American Brujeria' by J. Allen Cross, this living, vital tradition features commonalities with other folk magic traditions in America. American brujeria is a living, vital tradition that – while it shares things in common with other folk magic traditions, such as American Conjure – also features its own unique traditions, as well as familiar ones, such as the veneration of saints, both canonized, such as Guadalupe, and folk saints like Santa Muerte. [American Brujeria](#) is a practical, hands-on guide to this exciting magical tradition.

Cross is a practicing witch of Mexican, Native American, and European descent whose craft was shaped by his Catholic upbringing and mixed family culture. Living in his home state of Oregon, he works as a psychic medium and occult specialist for a well-known paranormal investigation team out of the Portland metro area.

[American Brujeria](#) is about the fascinating blend of American and Mexican folk magic currently practiced by those living in the US but whose roots are steeped in Mexican culture. [American Brujeria](#) includes stories from Mexico (folk saints, the story of Guadalupe), the influence of Catholicism, the art of limpiezas (spiritual cleansings), spell casting, oil crafting, praying the rosary (in English and Spanish), making an altar to Guadalupe, using novena candle magic, and crafting protective charms from saints' medals. Cross explores the magical system, while also offering practical advice on using it.

*J. Allen Cross has done an extraordinary job at providing us with a book filled with rich invaluable information about our culture and magical traditions. He has done a superb job at sharing this information with genuine heartfelt authenticity, love, and respect, which makes it an absolutely delightful read! Gracias! – Erika Buenafior, M.A., J.D., author of *Cleansing Rites of Curanderismo**

J Allen Cross opens a box of secrets and spells, deeply linked to the culture, myth, history, and blood of his ancestors. [American Brujeria](#) explores folklore as well as history, and guides readers through spells and rituals. Learn how to do a 'limpia' in the morning, afternoon, night, or anytime you are drinking your cafe con leche. – Elhoim Leafar, author of *The Magical Art of Crafting Charm Bags and Manifestation Magic*

A landmark book that blends the living traditions of folk magic, culture, and modern spiritual belief, [American Brujeria](#) is cross-cultural and deeply impactful. J. Allen Cross has made sure that this work will be accessible to not only this generation but future generations, as well. The magic is potent, raw, and real. Each page had me more excited and energized than the last. – Temperance Alden, author of *Year of the Witch*

In [American Brujeria](#), J. Allan Cross finds a way to explore the heritage and practices of Mexican folk and spiritual traditions by building on their foundations and making them approachable to American (and beyond) audiences, searching for the magia (magic) and wisdom of their own culture. We need more authors of color like Cross to illuminate these rich and time-honored practices. – Alexis A. Arredondo and Eric J. Labrado of *City Alchemist*, authors of *Magia Magia: Invoking Mexican Magic*

A treasured volume packed full of magic and deeply steeped in the history and lore of J. Allen Cross's rich culture, [American Brujeria](#) is packed full of folk stories, saints, and spirits alongside prayers, spells, baths, floor washes, and cleansings. A much needed and long-awaited guide that is sure to be a foundation for young witches while still providing deep knowledge and practices for advanced practitioners, Cross's dedication to his path and culture comes across beautifully in this book, which is sure to be an instant classic. – Annwyn Avalon, author of *Water Witchcraft* and *The Way of the Water Priestess*

A much-needed book, [American Brujeria](#) serves a community – Mexican Americans – who find themselves trying to find spaces where they fit. It combines aspects of Mexican Brujeria with various American magical influences, including even Puerto Rican Espiritismo. It's a great place to start if you find yourself in this twilight space and need to know where to begin. [American Brujeria](#) offers a great foundation, as well as various practices which a reader can engage in to begin this wonderful journey. Beautifully written and something any reader is sure to enjoy. – Hector Salva, author of *The 21 Divisions: Mysteries and Magic of Dominican Voodoo*

*J. Allen Cross, your book is pure magick, and could only have been written by you. I am grateful that you're spreading the knowledge of the magickal part of our ancient culture with respect, honor, and love and also for reminding us – the people 'in between' – the strength, charm, power, and pride that is our ancestors' legacy. When I read your book, it produced in me a limpia of my soul and reinforced my spirit with passion and courage to keep on spreading our Brujeria. You did a remarkable job researching our ancestral magick. This is a must-have book in the personal library of every serious student of magick. – Martha Ileana Moran Gonzalez, founder and director of Witchmart, High Priestess, and proud Bruja*

[American Brujeria](#) de-mystifies Mexican-American folk magic and makes it accessible to anyone wanting to get in touch with their magical heritage, as well as those interested in this beautiful magico-religious practice. J. Allen Cross' wonderfully rich book explores the history and bridges the generational and cultural gap between Mexicans and their Mexican-American descendants. [American Brujeria](#) serves as a comprehensive guide for beginners, as well as seasoned practitioners wanting to reconnect to their roots. An excellent tribute to this powerful tradition. – Mary-Grace Fahrún, author of *Italian Folk Magic: Rue's Kitchen Witchery*

[American Brujeria](#) is a comprehensive, hands-on guide to Mexican-American folk magic. It is accessible, practical, cross-cultural, and fun to read. <>

## Science / Behavioral

### **[Subtract](#): The Untapped Science of Less** by Leidy Klotz

(Flatiron Books)

Blending evidence across science and design, [Subtract: The Untapped Science of Less](#) offers a revolution in problem-solving, showing why people overlook subtraction and how to access its true potential.

People pile on 'to-dos' but don't consider 'stop-doings.' They create incentives for good behavior, but don't get rid of obstacles to it. Collect new-and-improved ideas, but don't prune the outdated ones. Every day, across challenges big and small, they neglect a basic way to make things better: no one subtracts.

Leidy Klotz's pioneering research, as explained in [Subtract](#), shows why.

Klotz is the Copenhaver Associate Professor at the University of Virginia, where he is appointed in the Schools of Engineering, Architecture, and Business. He co-founded and co-directs the university's Convergent Behavioral Science Initiative. He advises

influential decision-makers that straddle academia and practice, working with the Departments of Energy and Homeland Security, the National Institutes of Health, Resources for the Future, ideas42, and Nature Sustainability.

According to Klotz, whether we're building Lego models or cities, grilled-cheese sandwiches or strategic plans, our minds tend to add before taking away. Even when we do think of it, subtraction can be harder to pull off because an array of biological, cultural, and economic forces push us towards more. But we have a choice – our blind spot need not go on taking its toll on our cities, our institutions, and our minds. By diagnosing our neglect of subtraction, we can treat it.

[Subtract](#) will change how people change their world. Readers meet subtracting exemplars: design geniuses, Nobel Prize-winners, rock stars, and everyday heroes, who have subtracted to dismantle racism, advance knowledge, heal the planet, and even tell better jokes. These and more guiding lights show how people can revolutionize not just their day-to-day lives, but their collective legacy.

*A good book whisks you on a journey to foreign lands filled with exotic ideas and captivating stories. A great book changes the world you live in, pulling back the curtain to reveal mysteries you didn't even know were there. This is a great book. Anyone who has interest in understanding their lives better--and who doesn't – should read it. – Sendhil Mullainathan, MacArthur fellow and author of Scarcity*

*Leidy Klotz leads the reader on an intellectual journey as he explores the fascinating question: In designing our world, why do we always seem to add rather than subtract? [Subtract](#) is a great blend of academic research, stories, and practical tools. Enjoy the journey! – Dan Heath, co-author of Made to Stick and author of Upstream*

*Behavioral science at its best helps people to improve their lives. It may help them think about old things in new ways or add new and better habits. In [Subtract](#), Leidy Klotz shows us how deleting things from our lives can lead us to exciting new places. – Carol Dweck, author of Mindset*  
*Subtract is simply brilliant. With engaging and moving prose, Leidy Klotz travels back and forth between kids' toys, evolution, Dr. Seuss, anthropology, racism, cognitive psychology, urban planning, global warming, and architecture to teach us that often, the best way to solve problems is by taking things away – by subtracting. To learn how to subtract, you must first add [Subtract](#) to your reading list. – Barry Schwartz, author of The Paradox of Choice and Why We Work*

*There could be no more important time to read this well-researched book, when so much needs subtracting: the prejudices, norms, and rules that perpetuate structural racism in our country; the mindless consumption that puts us on the hedonic treadmill and destroys biodiversity and a livable*

*climate on our planet.* – Elke Weber, Gerhard R. Andlinger Professor in Energy and the Environment

*This is a captivating, perceptive read on one of the most basic mistakes that we make in the pursuit of success and happiness. Combining his expertise in architectural engineering and behavioral science, Leidy Klotz pinpoints a gaping hole in our mental math: we're constantly adding tasks, commitments, and possessions to our lives while neglecting to subtract any. If the defining word of your life is 'more,' you need to read this book.* – Adam Grant, New York Times bestselling author of *Think Again* and *Originals*, and host of the TED podcast *WorkLife*

*The heart of Leidy Klotz's [Subtract](#) is a brilliant catch-all philosophy for living well: humans are predisposed to add – money, ideas, inventions, possessions, complexity – but the route to well-being is to take away. Subtraction doesn't require you to be rich, or to have superhuman self-control, or plenty of free time. All you need is the right attitude, and a toolbox that will help you learn to subtract effectively. [Subtract](#) is that toolbox.* – Adam Alter, New York Times bestselling author of *Irresistible* and *Drunk Tank Pink*

A paradigm shift of a book, [Subtract](#) shows readers how to find more of the options they have been missing – and empowers them to pursue them. <>

Travel / U.S.

**[Lonely Planet Best of Hawaii](#), 2<sup>nd</sup> edition** by Lonely Planet, Amy Balfour, Jade Bremer, Kevin Raub, Ryan Ver Berkmoes & Greg Ward (**Best of Country Series: Lonely Planet**)

Floating in the vast Pacific, shaped by volcanic blasts and mighty seas, Hawaii boasts spectacular scenery, superb beaches and its own unique cultural identity.

[Lonely Planet Best of Hawaii](#) is a passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await. Travelers explore downtown Honolulu, hang out in hip-again Waikiki, or hike the verdant Kalalau Trail.

With this book, travelers see the best Hawaii has to offer:

1. Must-see sights.
2. Insider tips for authentic local experiences.
3. Itineraries and walking tours.
4. Honolulu & O'ahu pull-out map.

[Lonely Planet Best of Hawaii](#) includes:

- Up-to-date information – all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak.
- Color maps and images throughout.
- Highlights and itineraries help readers tailor their trip to their personal needs and interests.
- Insider tips save travelers time and money and get around like locals, avoiding crowds and trouble spots.
- Essential information at one's fingertips – hours of operation, phone numbers, websites, transit tips, and prices.
- Honest reviews for all budgets – eating, sleeping, sightseeing, going out, shopping, and hidden gems that other guidebooks may miss.
- Cultural insights give readers a richer, more rewarding travel experience – history, people, music, landscapes, wildlife, cuisine, and politics.

**Lonely Planet Best of Hawaii** covers Honolulu, Waikiki, Na Pali Coast Wilderness State Park, Hanalei Bay, Waimea Canyon, Moloka'i, Road to Hana, Wailea, Haleakala National Park, Waipio Valley, Mauna Kea, and Hawaii Volcanoes National Park.

Lonely Planet is a travel media company providing inspiring and trustworthy information for travelers since 1973.

*Lonely Planet guides are, quite simply, like no other. – New York Times*

*Lonely Planet. It's on everyone's bookshelves; it's in every traveler's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world. – Fairfax Media (Australia)*

**Lonely Planet Best of Hawaii** is filled with inspiring and colorful photos and focuses on Hawaii's most popular attractions for those wanting to experience the best of the best.

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## Bibliography

Arts & Photography / Portraits

[Portraits with an iPhone](#): **Photo Techniques for Pro Quality Images** by Jake Durham (**Phone Photography for Everybody Series**: Amherst Media, Inc.)

Business & Economics / Entertainment & Sports / Management

[Sport Marketing](#), **5<sup>th</sup> edition** by Windy Dees, Patrick Walsh, Chad D. McEvoy & Stephen McKelvey (Human Kinetics)

Business & Economics / Gender

[Glass Half-Broken](#): **Shattering the Barriers That Still Hold Women Back at Work** by Colleen Ammerman & Boris Groysberg (Harvard Business Review Press)

Business & Economics / Management / Leadership / Religion & Spirituality

[Lead Like It Matters to God](#): **Values-Driven Leadership in a Success-Driven World** by Richard Stearns (InterVarsity Press)

Language Arts / History / Politics

[Resowing the Seeds of War](#): **Presidential Peace Rhetoric since 1945** by Stephen J. Heidt (**Rhetoric & Public Affairs Series**: Michigan State University Press)

Literature & Fiction / Novels

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**Lonely Planet Best of Hawaii, 2<sup>nd</sup> edition** by Lonely Planet, Amy Balfour, Jade Bremer, Kevin Raub, Ryan Ver Berkmoes & Greg Ward (**Best of Country Series**: Lonely Planet)