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Books

We Review the Best of the Latest

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Bibliography

Biographies & Memoirs / Literary

<u>How Borges Wrote</u> by Daniel Balderston (University of Virginia Press)

A distinguished poet and essayist and one of the finest writers of short stories in world letters, Jorge Luis Borges (1899 – 1986) deliberately and regularly altered his work by extensive revision. In How
Borges Wrote, renowned Borges scholar Daniel Balderston undertakes to piece together Borges's creative process through the marks he left on paper.

Balderston is Andrew W. Mellon Professor of Modern Languages at the University of Pittsburgh and the author of Out of Context: Historical Reference and the Representation of Reality in Borges.

Balderston has consulted over 170 manuscripts and primary documents to reconstruct the creative process by which Borges arrived at his final published texts. How Borges Wrote is organized around the stages of his writing process, from notes on his reading and brainstorming sessions to his compositional notebooks, revisions to various drafts, and even corrections in already-published works. How Borges Wrote includes hundreds of reproductions of Borges's manuscripts, allowing readers to see clearly how he revised and 'thought' on paper. The manuscripts studied include many of Borges's most celebrated stories and essays - "The Aleph," "Kafka and His Precursors," "The Cult of the Phoenix," "The Garden of Forking Paths," "Emma Zunz," and many others – as well as lesser known but important works such as his 1930 biography of the poet Evaristo Carriego.

How Borges Wrote is organized around the materiality of the manuscripts themselves: the notes on Borges's reading as these are inscribed in his manuscripts, two sets of jottings from brainstorming sessions, formal features of the composition notebooks such as the ways of annotating possibilities, techniques for insertions and the use of margins, the copying of rough manuscripts to second drafts or fair

copies, the examination of two typescripts, and the use of published texts to note down possible revisions for future versions. Balderston does not deal with the manuscripts in chronological order but instead follow a logic suggested by the manuscripts themselves. In fact, the earliest manuscripts he has worked on, "Trinchera" and "Juderia," are discussed almost at the end of How Borges Wrote because what interests him in them, he says, is how the manuscript pages show several stages of revision (in these cases, with an interval of a few years in one and of many in the other). Through this process he elucidates the ways in which Borges's poetics are shaped by his compositional techniques. Borges is one of the twentieth century's most influential writers and is someone who has a lot to say about the writing process; the study of his own process or compositional practices can add a lot to an understanding of his ideas.

Borges writes in "La supersticiosa etica del lector" (1931; "The Superstitious Ethics of the Reader"): "La pagina de perfeccion, la pagina de la que ninguna palabra puede ser alterada sin dano, es la mas precaria de todas" (The perfect page, the page in which no word can be altered without harm, is the most precarious of all [Selected Non-Fictions]). In "Las versiones homericas" (1932; "The Homeric Versions"), he adds that "no puede haber sino borradores. El concepto de texto definitivo no corresponde sino a la religion o al cansancio" (there can only be drafts. The concept of the 'definitive

text' corresponds only to religion or exhaustion [Selected Non-Fictions]).

Daniel Balderston is one of the leading Borges scholars of our time, internationally respected both for the depth and extent of his knowledge and for his meticulous scholarship. How Borges Wrote is the first comprehensive book published on Borges's composition techniques and promises to be the definitive study for the foreseeable future. A monumental work. -Evelyn Fishburn, University College London, author of Hidden Pleasures in Borges's Fiction and coauthor of A Dictionary of Borges

In a sophisticated and probing study of hundreds of manuscripts and notebooks, Daniel Balderston sheds light on Borges's creative process by analyzing how the Argentine author used marginal annotations, textual excisions and insertions, and mathematical symbols to produce some of the most original pieces of literature in the twentieth century. Balderston's extraordinary

erudition and refined critical skills dramatically transform our understanding of Borges's work – and shape the way twill be read in the future. – Fernando Degiovanni, The Graduate Center, CUNY, author of Los textos de la patria: Nacionalismo, politicas culturales y canon en Argentina

As the first and only attempt at a systematic and comprehensive study of the trajectory of Borges's creative process, How Borges Wrote will become a definitive work for all scholars who wish to trace how Borges wrote. This book shows how important the concept of the open text was to Borges, and the ways in which his manuscripts show him working out a poetics of uncertainty, incompleteness, and possibility.

Biographies & Memoirs / Medical

This Narrow Space: A Pediatric
Oncologist, His Jewish, Muslim, and
Christian Patients, and a Hospital in
Jerusalem, 1st edition by Elisha Waldman
(Schocken)

This Narrow Space is a memoir both bittersweet and inspiring by an American pediatric oncologist who spent seven years in Jerusalem treating children – Israeli Jews, Muslims, and Christians, and Palestinian Arabs from the West Bank and Gaza – who had all been diagnosed with cancer. In 2007, Elisha Waldman, a New Yorkbased doctor in his mid-thirties, was

offered his dream job: attending physician at Jerusalem's Hadassah Medical Center.

Waldman, associate chief, division of pediatric palliative care, at the Ann and Robert H. Lurie Children's Hospital of Chicago, was formerly medical director of pediatric palliative care at the Morgan Stanley Children's Hospital at Columbia University Medical Center in New York.

Waldman had gone to medical school in Israel and spent time there as a teenager; now he was back to the land he loved. But, seven years later, in the wake of a financial crisis at the hospital, Waldman, with regret, left Hadassah in 2014 and returned to the United States. This Narrow Space is his memoir of those years in Hadassah, filled with a sense of accomplishment but also with frustration when regional politics got in the way of his patients' care, and with tension over the fine line he had to walk when the religious traditions of some of his patients' families made it difficult for him to give those children the care he felt they deserved. Navigating the baffling Israeli bureaucracy, the ever-present threat of full-scale war, and the cultural clashes that sometimes spilled into his clinic, Waldman learned to be content with small victories: a young patient whose disease went into remission, brokenhearted parents whose final hours with their child were made meaningful and comforting. As told in **This Narrow Space**, Waldman also struggled with his own questions of identity and belief, and with the

intractable conflict between Israelis and Palestinians that had become a fact of his daily life.

A fantastic book.... Waldman exhibits a rare self-awareness [and] shows great honesty. [His book] illustrates just how difficult it is to reconcile devotion to the healing mission with the realities of a complex life. - Uzodinma Iweala, The New York Times Book Review Waldman writes beautiful sentences and explains the intricacies of disease in ways an ordinary reader can understand.... Ultimately, he manages to find hope and meaning in very difficult situations. -Sandee Brawarsky, The Jewish Week In his engrossing debut memoir, an American pediatric oncologist faces medical, personal, and cultural challenges during seven years as attending physician at Jerusalem's Hadassah Medical Center.... Besides offering warm portraits of the children he treated and their distraught families, Waldman chronicles his transformation from a somewhat naïve, underprepared physician to one more politically and

culturally astute. A candid and revealing portrait of a man and a nation in turmoil. - Kirkus Reviews Who could imagine that a book about pediatric oncology would be an absolutely engrossing page-turner? Waldman's experiences working with children and families facing the most intricately complicated illnesses in the most intricately complicated city become a template for probing the ambiguities of life, medicine, religion, politics, and identity. This Narrow **Space** exudes a generosity of spirit as expansive as the Judean Hills in which it is set. Truly a book for our times. - Dr. Danielle Ofri. author of What Patients Say, What Doctors Hear This Narrow Space ushers in a new and important voice in the literature of medicine. Waldman, caring for children with lifethreatening diseases, shows that even when hope is gone for the body, there is still hope for the spirit. This book will illuminate and inspire, as a young physician transits culture and beliefs in his search for meaning in some of life's most trying

circumstances. - Dr.
Jerome Groopman,
professor, Harvard Medical
School, and author of The
Anatomy of Hope: How
People Prevail in the Face
of Illness

As told in <u>This Narrow Space</u>, a poignant memoir, what Waldman learned about himself, about the country that he was now a part of, and about the brave and endearing children he cared for – whether they were from Rehavia, Me'ah She'arim, Ramallah, or Gaza City – will move and challenge readers everywhere.

Children's Books

<u>Hanukkah Hamster</u> by Michelle Markel, illustrated by André Ceolin (Sleeping Bear Press)

The holiday season is a busy time, with people bustling about. Edgar is spending his Hanukkah holidays far away from his home of Tel Aviv, Israel working as a taxi driver. And in Hanukkah Hamster it's a busy time for Edgar, a cabdriver who conveys passengers around the city. All day long Edgar drives his cab, helping many people going to many different places.

The author of <u>Hanukkah Hamster</u>, Michelle Markel, is the author of several notable picture books, including Hillary Rodham Clinton: Some Girls Are Born to Lead, The Fantastic Jungle of Henri Rousseau, Brave Girl: Clara and the Shirtwaist Makers' Strike of 1909, and Balderdash! She teaches classes in writing for children, gives lectures, workshops, and school presentations, and is a founding member of the Children's Authors Network. Artist Andre Ceolin is a self-taught illustrator from Brazil, who started sketching when he was a child. Ceolin worked in advertising and the pharmaceutical field for several years before being drawn to the color and spontaneity of the art in children's books.

At the end of one busy day in Hanukkah Hamster, Edgar is so tired he climbs into the backseat of his cab to take a nap. But he discovers he is not alone. A little hamster has somehow been left behind from one of the many fares Edgar has driven. Edgar dutifully reports the hamster to the cab company's Lost and Found department, but in the meantime the little creature needs to be taken care of.

Edgar brings the hamster to his apartment, making it a bed, feeding it, and even giving it a name, Chickpea. As Edgar starts his Hanukah observance, with no family nearby to share in it, the little hamster becomes more than a casual companion to the lonely man. But what happens when Chickpea's owner is found?

This heartwarming holiday tale reminds readers that 'family' and companionship take many forms.

<u>Hanukkah Hamster</u> has a diverse range of characters and also highlights the struggles people may face when spending the holidays far away from their families. The story is loosely based

on true events when the author's daughter found a hamster in her Uber!

Cooking, Food & Wine

At Home with Natalie: Simple Recipes for Healthy Living from My Family's Kitchen to Yours by Natalie Morales, with Ann Volkwein (Houghton Mifflin Harcourt)

As the longtime news anchor and cohost of the TODAY show, current West Coast anchor of the TODAY show, host of Access, and co-host of Access Live, as well as the mother of two young boys, Natalie Morales, author of At Home with Natalie, knows how hard it can be night after night to get a healthful dinner on the table that the whole family will enjoy. Morales was born in Taiwan to a Brazilian mother and Puerto Rican father, and she lived around the world as a child - Panama, Spain, and Brazil as an air force 'brat.' That multicultural experience fed her love for good food, but it's her experience as a working mom that taught her how to cook on the run and keep her recipes healthful. The result is a personal collection of 125 recipes Morales makes at home for her family, including Chicken in Garlic Sauce, Grilled Chimichurri Soy Steak, Sweet and Spicy Slow Roasted Pork, and Pesto Shrimp with Lemon Pepper Fettuccine.

No matter where her family moved to, Morales says she always found comfort in the kitchen. At Home with Natalie is an expression of her multicultural heritage and an homage to her global upbringing. Morales' family history is embedded in the recipes she shares in

her cookbook – whether it's her late grandmother's Ropa Vieja from Puerto Rico, or her mother's Chicken Empanadas, these foods serve as a record of the many homes, many countries, and many memories that have shaped her life.

Highlights include:

- Fast and nutritious recipes that are simple to whip up such as Kale Pesto Spaghetti Squash, Cauliflower Crust Quiche with Cheese, Broccoli, and Mushrooms, Superfood Salmon Quinoa Salad.
- Family favorites that are perfect for weekend brunches or dinners with kids such as Spaghetti and Mini-Meatball Bake, Chicken Enchiladas Verdes, and Lemon-Ricotta Pancakes.
- Recipes passed down from her mother and grandmother like Mushrooms Al Aljillo (Mushrooms in Garlic Sauce), Picadinho (Brazilian Ground Beef with vegetables), and Arroz Con Polio Y Gandules (Chicken and Rice with Spanish Peas).

Morales says that the simple act of gathering around the table, with no distractions or cell phones, is such a powerful, bonding experience. Of course, it's not always possible. Her kids have lots of sports and after-school activities, and her husband and she travel for work on occasion, so it's not every day that they can sit down as a family. But they do manage to gather together a few nights during the week, and especially on the weekends.

Morales says that is where **At Home with**

Natalie comes in – it's born from her many years side by side with her mom and sisters, helping cook many of the foods of their Brazilian and Puerto Rican heritage. Also featured are recipes her family and she adopted as favorites in the many places they lived in or traveled to. Hidden in her stacks and stacks of recipe index cards, with handwritten notes, torn out magazine pages with recipes, and cookbooks she hardly ever touches are a treasure trove of their own family favorites, buried deep in memories.

If, as they say, variety is the spice of life, in <u>At Home with Natalie</u> readers will find a very global perspective with both healthy and indulgent options.

For years I've enjoyed Natalie Morales in the mornings. With this book, I can enjoy her three meals a day. - Giada De Laurentiis This book is as beautiful as Natalie! I can't wait to try these recipes in my own home. - Kathie Lee Gifford, cohost on the **TODAY** show Natalie Morales has been in our homes every day for over a decade, and now we get to be at home with her through her thoughtful, healthful, and delicious recipes. Natalie makes it a priority to feed her family the way we should all be. This cookbook can now be your guide to accomplish that. - Bobby Flay Finally!!! All I want to do is look like ... feel like ... live like Natalie Morales - so I guess I should start by eating like her. - Hoda Kotb, cohost on the **TODAY** show Natalie's vibrancy for life, food, and her culture make this cookbook one that everyone should own! - Jenna Bush Hager, contributing correspondent for NBC News and editor-at-large for Southern Living I've sat around Natalie's cozy kitchen table many times, and this book is a big ol' dose of heart and home. - Kit Hoover, cohost on Access Hollywood Live I know what you're thinking: She's beautiful, smart, hardworking, humble, kind, funny, loving and devoted - and now she can cook, too? Yes, she can. For all her accomplishments, Natalie is never happier than when at home and in her kitchen. If you want to spice up your cooking with someone as lovely as Natalie herself, this is the book for you! - Savannah Guthrie, co-anchor on the **TODAY** show

At Home with Natalie features easy and delicious recipes for busy families.

Readers will enjoy creating their own memories and family time using recipes from Morales' family's table.

Cooking, Food & Wine

<u>The Minimalist Kitchen</u>: 100 Wholesome Recipes, Essential Tools, and Efficient Techniques by Melissa Coleman (Oxmoor House)

Melissa Coleman, creator of *The Faux Martha*, shares her refreshingly simple approach to cooking in <u>The Minimalist Kitchen</u>. Coleman is a home cook and baker, designer, wife, mama, and minimalist. Her popular blog, *The Faux Martha*, was named a Huffington Post Top 10 Food Blog and was selected as a *Better Homes and Gardens* Top 10 Baking Blog nominee and a Saveur Blog Awards Style & Design finalist.

The Minimalist Kitchen is a cookbook, but more importantly, it's a framework for creating a minimalist kitchen, a kitchen pared down to the essentials so readers can create more. This framework will touch everything in the kitchen from ingredients, tools, pantry, to cooking techniques, meal planning, and shopping habits. Once the framework is in place, readers can make 100+ wholesome, mix and match recipes. They will find Blueberry-Orange Breakfast Rolls, Banana-Coconut Baked Oatmeal, White Wine Spring Pasta, BBQ Black Bean and Quick Slaw Tacos, Crispy Pizza with Caramelized Onions, Chickpea Tikka Masala, Stovetop Mac and Cheese, and Two-Bowl Carrot

Cupcakes.

According to Coleman, achieving simplicity is difficult. How does one know what to keep and what to get rid of?

Coleman advises readers to read The Minimalist Kitchen like a novel, from the beginning. Chapter 1: The Minimalist Kitchen sets the stage for how to make and use the recipes in Chapters 2-8: Breakfast, Main Dishes, Burgers Wraps & Sandwiches, Soups & Salads, Sides, Drinks, Dessert. Coleman's recipes are the practical application of the minimalist kitchen - using a pared down kitchen to its full potential. They will find them to be vegetable forward and simple without compromising flavor. They're intentionally designed to fit the rhythm of the week and labeled weekday, weekend, and make ahead accordingly. Weekday recipes are quick and efficient, while weekend recipes are slower and celebratory. Some recipes have make-ahead components to increase efficiency and break up prep times. Readers will find ingredient lists ranging from 3 to 20 ingredients. They can look for Coleman's minimalist tips offering recipe-specific advice, a seasonal produce guide, and a handy metric equivalents chart to take the stress out of cooking.

The Minimalist Kitchen is as much of an art form as it is a practical cooking philosophy.

So, what is a minimalist kitchen? Readers can think of it as a capsule wardrobe. If they are unfamiliar with the term, a capsule wardrobe is a closet pared

down to 30 or so essential clothing items. When rearranged, they can create 100 different outfits. If they apply the wardrobe concept to the kitchen, they have a capsule kitchen. It's outfitted with only the essential tools and ingredients used on a regular basis. The rest goes.

So how does one become a minimalist? There's no exact answer, but simply put, one intentionally chooses to live with less. When readers start keeping less around in their physical space, they create space to notice more, and sometimes it results in noticing more about themselves. A byproduct of this practice is self-awareness. There's the quote from Leonard Koren, "Pare down to the essence, but don't remove the poetry." The poetry is the humanity. If that extra bowl reminds them of their grandma, and brings joy every time they look at it, well then, don't remove the poetry. Minimalism is as much an art form as it is a practice.

An easy approach to organizing the kitchen and cooking....plenty will appeal to those who are on the hunt for swift, simple, palatable fare. – Publishers Weekly With many make-ahead and weeknight-friendly recipe options, Coleman's concept of minimalism will interest cooks who dream of a functional, organized, and stylish living space. – Library Journal

Melissa Coleman's The Minimalist Kitchen shows home cooks how easy and affordable it is to make dinner when your kitchen is pared down to the essentials. – Adina Steiman, The Wall Street Journal

For years I've been in awe

of Melissa's unique ability to maintain a fiercely organized, minimalist style without sacrificing warmth, welcomeness, and creativity. With The Minimalist Kitchen, we now have all of her secrets and I could not be more excited about this! - Molly Yeh, author of Molly on the Range Melissa helps you bring calm to the chaos of your kitchen. This book is a feelgood, can-do pep talk about how to keep your pantry in order, your utensils from getting out of control, and how to create delicious meals for weekdays and occasions without getting overwhelmed. - Jeanie Donofrio, author of The Love & Lemons Cookbook Melissa is the reason my pantry is now filled with tidy rows of lidded glass jars each with a pristine label. My spice drawer

now brings me great joy every time I slip it open. In The Minimalist Kitchen,

Melissa inspires tidiness and a pared-down kitchen with joy and creativity at the heart of it all. With less clutter we are freed up to enjoy the task of cooking and can then spend more time at the table – eating with the ones we love. – Ashley Rodriguez, Not Without Salt With a welcoming tone, The Minimalist Kitchen

invites readers to choose quality over quantity and gently guides with efficiency. Melissa's book is gorgeous and thoughtful, with a strong focus on wholesome ingredients and simplicity that is often lacking in American kitchen culture. But, most importantly, her book contains recipes that actually make me excited about cooking dinner again. - Sarah Kieffer, The Vanilla Bean A meal planner's dream

A meal planner's dream tool... this book is for the person looking for quick, weeknight, crowd-pleasers made from ingredients you likely have in your pantry, or will have no trouble finding. – Sara

Forte, The Sprouted Kitchen

The Minimalist Kitchen is a great resource for simplifying one's approach to meal planning.

Cooking, Food & Wine / Self-Help

Everyday Ayurveda Cooking for a Calm, Clear Mind: 100 Simple Sattvic Recipes by Kate O'Donnell, with photography by Cara Brostrom (Shambhala Publications)

Readers of Everyday Ayurveda Cooking for a Calm, Clear Mind learn to eat their way to increased energy, balanced emotions, and an overall state of calm and relaxation.

Author Kate O'Donnell, an Ashtanga yoga teacher, a nationally certified Ayurvedic practitioner, and an Ayurvedic yoga specialist, is on the faculty for the Kripalu School of Ayurveda and for Ayurvedic Health Education trainings.

In Ayurvedic medicine there are said to be three main energies that affect the mind:

- attva, the state of contentment and calm.
- rajas, the state of reactivity and excitability.
- tamas, the dull, slow, and stagnant state of mind.

The good news is that there are direct ways of bringing these states into balance through what we eat. The recipes in this book are simple and seasonal, while bringing the traditional foods of Ayurveda into the modern kitchen.

O'Donnell says that while writing about the Ayurvedic diet and lifestyle, she kept coming back to how important mental balance is in becoming aware of our bodies, our food choices, and how we care for ourselves.

She says that paying attention to how food makes her feel, not just in her gut, but in both her mood and her heart, has led to a healthy body and a happy head. An admitted former extremist, she has learned about balance by experimenting with fad diets over the years. Throughout Everyday Ayurveda Cooking for a Calm, Clear Mind, O'Donnell shares her story with readers and give them practical tips to help them make the sattvic diet part of their lives.

In this book, she draws from her own experiences of trial and error, shares her pitfalls and successes with readers, and helps to translate an ancient roadmap for balanced living. This book is for readers, busy, and sometimes overwhelmed readers. She says she is inspired to share this knowledge and some of the easy recipes she has invented along the way because, as she teaches others, she keeps seeing that Ayurveda really works.

Readers journey into the mind from the Ayurvedic point of view. To find balance, they need to know the mind as an instrument of the intuitive self rather than letting it run the show.

The key is understanding that certain foods support a clear mind, while others can amp things up or cloud things over. Getting to know the energies of the

mind takes some time, and Everyday

Ayurveda Cooking for a Calm, Clear Mind is full of suggestions to help readers explore how their diet and lifestyle can be tools for mental wellness.

Part Two includes three recipe sections: foods that cultivate contentment, those that calm the mind, and those that vitalize and motivate. Readers can cook freely from the entire book and promote sattva, but to further refine the concept, they can try using the different sections to address shifts in mental energy. The bonus is that the act of cooking itself promotes healing.

While she has learned a lot about sattvic cooking in India, O'Donnell says that she still lives in the West, so she provides a blend of traditional recipes like dal and dosa with spins on familiar dishes like Sattvic Noodle Bowl and Peach Blueberry Cobbler. She explores some of the ways this tradition preserves vitality through healthy fats, as well as nourishing legume and grain combinations. She also helps readers make a gentle transition to sattvic eating with some of her hybridized recipes like smoothies, quick pickles, and variations on traditional kichari.

Building on her achievement with The Everyday Ayurveda Cookbook, Kate O'Donnell turns her focus onto the modern mind, exhausted by overstimulation. This new cookbook lays out in tasty

detail how a healthy diet can promote lucidity and how unwise food choices can compromise mental acuity. Using recipes whose ingredients and preparation methods have been adapted for today's conditions, O'Donnell offers friendly and detailed guidance to all who are willing to expand their culinary capabilities in a mindimproving fashion. – Dr. Robert Svoboda, Ayurvedic physician and author of Prakriti: Your Ayurvedic Constitution **Everyday Ayurveda Cooking** for a Calm, Clear Mind provides a delicious way to turn eating into a path of living wisdom. - Scott Blossom, LAC One of the best healthy cookbooks to read for ultimate mind body balance. - Women's Health Magazine

Kate O'Donnell writes about food and its preparation as a meditation in action. Preparing food with a sattvic mind is, like yoga, a path toward deeper states of health and selfknowledge. – Patricia Walden, coauthor of The Woman's Book of Yoga and Health

Everyday Ayurveda Cooking for a Calm,
Clear Mind uncovers the potential of
food to heal not only our bodies, but our
minds too. It provides a diverse, exciting
selection of delicious recipes that will
help readers feel good from the inside
out.

Crafts & Hobbies / Horse Keeping / Culture

<u>Horses</u>: Portraits & Stories by Shelley Paulson (Amherst Media)

As a Minnesota-based photographer, Shelley Paulson has combined her deep love of horses and photography to create a thriving business. Considered one of the top equestrian photographers in the country, she focuses on creating meaningful images that capture the emotional bond between people and their horses, as well as the natural beauty of the horse.

As readers turn the pages of Horses, they experience the light and love that surrounds the special relationships people have with these majestic animals. They also see images that document the strength and unparalleled beauty of the horse throughout the four seasons, in action and at rest, with their humans, and on the ranch. Paulson also provides a stunning collection of portraits that show horses still living wild and free, untouched by human hands. As they view Paulson's evocative photographs, they encounter numerous

stories that provide insight into the horses' histories, characteristics, and unique personalities. Combining images, equestrian facts, and personal stories, Horses provides readers young and old with a memorable and intimate look at a cherished part of American – and indeed, worldwide – culture.

Paulson's stunning images celebrate this bond – and everything people love about these captivating creatures.

Horses allows readers to enjoy stories about the horses featured and gain fascinating insights about the techniques Paulson used to work with them as she created her evocative images.

Horses allows readers to:

- Explore images of wild horses, working horses, and beloved pets.
- Learn about various breeds and characteristics.
- Enjoy the sweet, silly, and sometimes feisty personalities of horses.

Readers go on an equine photographic journey with photographer Paulson. As they view these photographs, they also get a deeper look as they read short, insightful stories about the horses in the images, as well as Paulson's experience and approach in creating the photographs.

Paulson's photos reveal the wonderful connection between human and huge animal. She captures that moment when both souls mesh; it's lovely to see. Her images show what it's like to love, own, and look after a horse, and if you don't own one, make you question deeply why you don't. – David Anthony Williams, M.Photog (III), FRPS

Shelly Paulson captures the connection between horse and human – not only what it looks like, but also how it feels. Her work speaks to the soul and will resonate with horse lovers with absolute authenticity. – Liz Moyer, Editor, Horse Illustrated

A beautifully illustrated book, <u>Horses</u> will delight people of all ages. They can take an inspiring look at horses through the lens of an experienced equine photographer.

Design / Residential / Architecture

Anatomy of a Great Home: What America's Most Celebrated Houses Tell Us about the Way We Want to Live by Boyce Thompson (Schiffer Publishing Ltd)

What elevates a house to best-of-class status?

At industry meetings, architects often reference the same iconic homes as the greatest achievements. What is it about Frank Lloyd Wright's Fallingwater, Jefferson's Monticello, the classic Sears Bungalow, or the Case Study Houses commissioned by Arts + Architecture magazine that people love so much? A big part of the attraction is a strong

architectural aesthetic, one that raises the design to the realm of art.

According to Anatomy of a Great Home, such houses deliver eminently livable space that can accommodate nearly any lifestyle event. They respect and relate to the natural environment. They take on the personalities of their owners. And they are works of art that no one will ever want to tear down – the ultimate test of sustainability. Anatomy of a Great Home profiles a wide variety of extraordinary homes – from urban infill to custom homes, suburban remodels, seaside cottages, and subdivision housing.

Author Boyce Thompson is the author of *The New New Home*, named book of the year by the National Association of Real Estate Editors. He founded *Residential Architect* magazine and for seventeen years was editorial director of *Builder* magazine.

In a purely physical sense, a house is little more than a collection of thousands of parts assembled over six months or more to provide shelter. But to the people who live there, it's a canvas, an intimate reflection of our lifestyle, tastes, and aspirations. It mirrors their priorities, whether they are collecting Eames furniture, breeding roses, enjoying happy hours next to a fire pit, or owning an architectural masterpiece that's the envy of the neighborhood.

In <u>Anatomy of a Great Home</u> Thompson says that when it comes to the delights of architecture, some homes simply resonate more deeply than others. Ask

most architects to describe a great home, and they invariably point to proportions – alignments between the roof surfaces, window size, and home height. Or they may talk about how the building was designed 'correctly,' with appropriate details for its style, or the way it relates to its environment. It's high praise when architects or builders say they would like to live in a particular house, since they are in the business of creating them.

Typically there is agreement about award-winning homes, whether modern, traditional, or something in between. Their appearance is modest and creative, rather than tacky or forced. Their bones shine through, revealing how they were built, in an intelligent fashion. More often than not, the best homes embrace state-of-the art technology to reduce operating costs and improve homeowner controls, often rendering those controls invisible. Their flexible floor plans can be adapted as life circumstances shift. To win an award, whether it's from the American Institute of Architects, a home builder association, or a shelter magazine, architectural details need to be interpreted, designed, and built correctly. And interiors must deliver on the promise of the exteriors - a critical failing of much mass-market housing.

Thompson in <u>Anatomy of a Great Home</u> says that lately he has been doubling back with architects who routinely win architectural competitions to get their ideas on what results in a great home. His goal in picking their brains and

analyzing their projects is to develop a package of core design principles. Many books and websites express these ideas in a technical fashion – in socalled architect-speak. In Anatomy of a Great Home he presents his discoveries in a way that everyone can understand.

Rooms, for example, feel more inviting with windows on at least two sides to promote cross breezes. Having a room away from the family room where one can practice trumpet, draw, or write may be vital to one's mental well-being, especially if the public rooms are wide open. Having a thoughtfully laid out kitchen, so that residents don't have to run a track meet to cook a meal, can be a godsend. Homebuyer surveys show that having enough storage to declutter a house is critically important to satisfaction. They may really come to appreciate a mudroom by the back door for shedding backpacks, suitcases, and dirty shoes.

To many people, a home is great simply because they have one, especially if they worked long and hard to buy it. But as **Anatomy of a Great Home** demonstrates, it can also be the starting point for even greater satisfaction, personal growth, and enjoyment.

Comprehensive in scope, Anatomy of a Great Home is an insider's look at more than fifty award-winning homes designed by nearly three dozen A-plus American architects. It distills their broad patterns and refined details into practical lessons with endless applications, making it an inspirational

guide for designers, builders, and anyone planning their own dream home.

Higher Education / Policy / Gender / Housing

Trans* Policies & Experiences in Housing & Residence Life edited by Jason C.
Garvey, Stephanie H. Chang, Z
Nicolazzo, & Rex Jackson, with a foreword by Kathleen G. Kerr (An ACPA Co-Publication: Stylus Publishing LLC)

What are the institutional politics associated with fostering trans-inclusive policies? When formalizing a policy, what unanticipated challenges may emerge? How are students, particularly trans students, influenced by the implementation of gender-inclusive housing practices and policies? Also, what are campus administrators and practitioners learning from their involvement with the development of trans work on campus? Housing and Residence Life (HRL) plays an important role in the safety, wellbeing, and sense of belonging for college students, but gender-inclusive policies and practices in HRL are largely under-explored in student affairs and higher education publications. Trans* Policies & Experiences in Housing & Residence Life has five key objectives:

- 1. To promote and challenge student affairs and higher education staff knowledge about trans students' identities and experiences.
- 2. To support and celebrate the accomplishments of educators and professionals in their strides to

- promote trans-inclusive policies and practices.
- To highlight the unique role that housing and residence life plays in creating institutional change and serving trans student populations.
- 4. To demonstrate the value and use of scholarly personal narratives, particularly for narrating experiences related to implementing trans inclusive policies in housing and residence life.
- 5. To create a strong partnership between scholarship and student affairs practice by developing an avenue for practitioner-scholars to publish their experiences related to gender-inclusive policies in housing and residence life and for others to use these stories to improve their practice.

Administrators, educators, and student affairs staff face a growing need to recognize the challenges the campus environment presents to trans students.

Trans* Policies & Experiences in Housing & Residence Life presents the processes and steps that several institutions of higher education are undertaking to develop and implement trans practices and policies in HRL. The first part of the book presents examples that were driven by student activism, and the second part looks at institutions where housing staff and administration took the initiative.

The institutional chapters are organized around multiple facets of developing, implementing, and negotiating transinclusive policies and practices in housing and residence life. Contributors relate their experiences with gender-

inclusive housing policies with specific focuses on campus environments, politics, policy development, implementation, and recommendations for the future.

The editors are Jason C. Garvey, Stephanie H. Chang, Z Nicolazzo and Rex Jackson.

Garvey is assistant professor of higher education and student affairs in the Department of Leadership and Developmental Sciences at the University of Vermont. Chang is a PhD candidate in the college student personnel administration program at the University of Maryland, College Park. She serves as an adjunct faculty member in New England College's master of science higher education and administration program and is also director of student diversity and inclusion at the University of Delaware. Nicolazzo is assistant professor in the Department of Counseling, Adult, and Higher Education and a faculty associate in the Center for the Study of Women, Gender, and Sexuality at Northern Illinois University. Jackson is the associate director for residence life at Southern Illinois University, Edwardsville.

Jason C Garvey and colleagues provide the richest resource yet for understanding how to reduce harm and increase benefit to trans* people in campus housing and residence life. The book provides institutional case

studies that are specific yet hold generalizable lessons for higher education and student affairs practice - an indispensable resource for professionals responsible for overseeing this critical area of campus life. -Kristen A. Rena, Professor of Higher, Adult, & Lifelong **Education and Associate** Dean of Undergraduate Studies for Student Success Research, Michigan State University

From storytelling to practical application, Trans* Policies & Experiences in Housing & Residence Life is a necessary text for residential life professionals across all levels. - Van Bailey, Director, LGBTQ Student Center University of Miami Cultural change does not happen suddenly and completely. Instead, within our sphere of influence, we must remove those structural artifacts that support a gender binary and are not gender inclusive. Our students deserve all of our focus and energy to dismantle those artifacts, piece by piece. Making sure every student has a residence hall 'home' to return to at

the end of the day is the least we can do. This book gives us the tools needed to accomplish that. – Kathleen G. Kerr, Associate Vice President for Student Life and Executive Director of Residence Life & Housing at the University of Delaware

Administrators, educators, and student affairs staff will find <u>Trans* Policies & Experiences in Housing & Residence Life</u> useful at any stage in the process of creating gender-inclusive housing policies on their campuses.

History / Folk / Cooking, Food & Wine

Grits to Glory: How Southern Cookin' Got So Good by Joe Johnston (Pelican Publishing Company Inc.)

Readers of <u>Grits to Glory</u> travel through a folksy history of Southern cooking from the best fruitcake recipe before the Civil War to the ultimate Southern kitchen essential, the cast iron pan. Joe Johnston's cultural history brings reminiscences from his own friends and family but is not lacking in thoroughly-researched historical anecdotes. It is sprinkled with stories and quotes from Southerners who know their stuff.

Missouri native Johnston, a Native American, is an author; holds national credits in marketing, music production, and film; and was part of the marketing team that created the now-famous McDonald's Happy Meal.

According to Johnston in Grits to Glory, in Memphis, there is still a barbecue joint on every corner. The folks in Louisiana still salivate at the most casual mention of sucking crawdad heads. And he says he discovered a little cafe in Forsythe, Georgia that serves a Caesar salad with croutons made of grits. By the same token, bagels with lox are on the menu at every restaurant in New Jersey, but they're impossible to find in south Mississippi. So he asked himself, "How come folks around here eat grits, and folks up there don't?"

The answer is a story that began during the nation's Colonial and Revolutionary years, when the American South created a unique culture. Then it all fell, decimated by the Civil War, and then in the last half of the 1800s, the culinary phoenix of the American South rose from the ashes of that war. The Southern way of living and eating was reborn, stronger, better-tasting, and even more different from the rest of the country than before. It was the product of good people, close to the earth, close to their faith, and close to each other. They were black and white and Native American, many of them devastatingly poor, learning to live together in new ways. Through hardship and suffering, with resourcefulness and creativity, they managed to feed their families.

<u>Grits to Glory</u> boils down a few hundred years of complex social and culinary history to pretty simple terms. There are big generalities and broad statements, and historians have a way of finding exceptions to broad statements. People

in the South aren't all alike. Northerners and Southerners aren't mutually exclusive groups. But in this case, it's not the exceptions that tell the story. It's the grand sweep of time, revealed in authentic, dramatic, funny, and heartwarming anecdotes. It's the little stories that make up the big story.

Johnston says he loves the South. Sure, there are unseemly aspects to the history of the South, just like every other place. But when we love places, just like when we love people, we can't pick this and throw away that; if we're going to love them, we love the whole package. And that's how he says he loves the South.

So, he says, Grits to Glory isn't anti-Yankee. In fact, wherever readers live in America, and whenever their ancestors came to these shores, they will probably find something of their family's story here. After all, we're the first generation that's had the luxury of researching our ancestry. We have leisure time and computers, we can travel, and we can share digital information with people we've never met. So it's only natural to wonder how our ancestors lived, including what they ate.

This is folk history, not the way historians tell it, but the way the people tell it. All the people in <u>Grits to Glory</u> are real, though unfortunately, some of their names are lost in the mist of history. After all, some of these dishes were made and taught and passed down for generations before ever being written for the first time. The recipes and stories

in this volume were gathered through years of research. They come from books, old magazines, journals, and government archives. From tramping through woods and along riverbanks, and from sitting beside campfires with hunters and fishermen. From smelling the rich earth in gardens large and small, following an old man who followed a plow that followed a mule. From yellowed and stained recipes written on butcher paper and tucked between the pages of hundred-yearold cookbooks. And from countless interviews, sitting on porches and at kitchen tables, watching cooks at work, and listening to them talk about their food and their people. Because in the South, we can't talk about our food without talking about our people.

> Grits to Glory is a vivid recounting of the birth of Southern cuisine peppered with food history, anecdotes, and entertaining stories of how the South came to be the food mecca it is today. -Chef Jennifer Hill Booker, Culinary Explorer for the Georgia Department of Tourism and author of Dinner Deja Vu: Southern Tonight, French Tomorrow and Field Peas to Foie Gras: Southern Recipes with a French Accent

An unexpected and captivating look at the binding effect of history,

hospitality, and food on the Southern lands and her people. – Jack Matusek, artisanal butcher, charcutier, and founder of Raw Republic Meats

Readers explore the finger-licking history of Southern food with <u>Grits to Glory</u>. The book is for those from every Southern walk of life, but is also particularly appealing to those simply fascinated with cooking, history, and anything in between. With every detailed recollection, the heart and soul of Southern cooking shines through.

History / Military / World War II / Holocaust

<u>The Texas Liberators</u>: Veteran Narratives from World War II edited by Aliza S. Wong, with a foreword by Ron Milam, with photographs by Mark Umstot (Texas Tech University Press)

> I looked at the prisoners in their striped garb, so filthy and decimated. One of them moved, and I went over to him, and he said, "Bist a Yid?" Are you Jewish? I said, "Ich bin a Yid." I am Jewish. And then I told him, "Alles geet. Alles geet." I speak a little Yiddish.... And "Alles geet. Alles geet." All is good. All is good. And I opened my C rations and fed him a little soup - made a little soup for him. And he died two hours later in my arms.

And Lasked him what his name was. He said, "Meine namen ist Herman." "Ich." My name is Herman, too. So I had tears in my eyes, and I cry every time I think about it. This poor guy, he was about forty years old and weighed about fifty pounds, maybe. And that's how much he had been maltreated. That's a hell of a load for a young fellow, nineteen years old. - from The Texas Liberators

Editor Aliza S. Wong is an associate professor of history and associate dean of the Honors, College at Texas Tech University. She is the author of Race and Nation in Liberal Italy, 1861-1911:

Meridionalism, Empire, and Diaspora.

Photographer Mark Umstot is a portrait and commercial photographer from Lubbock, Texas.

Publication of <u>The Texas Liberators</u> was made possible in part by generous grants from the Texas Holocaust and Genocide Commission and the Friends of the Texas Holocaust and Genocide Commission.

By April 1945, Allied troops of both America and the Soviet Union had established control over Germany and German-occupied Poland. General Dwight D. Eisenhower ordered the liberation of the concentration camps that the Nazis used for the imprisonment, forced labor and extermination of Jews, Gypsies; homosexuals, Communists, political prisoners, and common criminals. The liberating soldiers – many as young as eighteen were shocked beyond imagination at what they saw in these camps.

Within <u>The Texas Liberators</u>, twenty-one Texas Liberators speak compellingly in their own words. They describe their discovery of the camps, their first encounters with detainees, the repression of certain memories in order to survive and live their lives, and the feeling by many that 'normal' would never be normal again. This testimony allows readers to begin to understand the sacrifices made in the name of freedom. Accompanying many of the narratives are recent portraits of the surviving Liberators.

A draft program had been initiated in October 1940, requiring men between the ages of eighteen and sixty-five to register and to serve twelve months. These draftees were all extended, but because of the war footing, the twelvemonth rule changed to 'duration of the war' and more than ten million men were inducted. Many of these men would become the liberators of Europe and the liberators of those confined to Nazi prisons, concentration camps, and death camps.

Because Germany and Adolf Hitler's Nazi regime were fighting a different war within the continent, a war against the Jews, Germany would commit nearly as many resources to the eradication of Jews from Europe as it would to fighting the Allies. The consequences of this war would eventually be known as the Holocaust. Between 1933 and 1945, Nazi Germany and its allies built more than forty thousand camps and prisons. Some historians estimate that approximately two hundred thousand railway workers were involved in the transportation of 3 million Jews to the concentration camps.

With the construction of concentration, labor, and ultimately death camps, Hitler began his attempt to fulfill what he said he would do: exterminate the Jews. Historians debate the extent to which US leaders knew about Germany's plans to eradicate the Jewish population of Europe. However, as early as July 1942, The New York Times reported on Chelmno and its operations as an extermination center, and in August of that year, Gerhart Riegner, representative of the World Jewish Congress, sent a report to the State Department arguing that Nazi Germany planned to eliminate the European Jews. This missive never arrived to its intended recipient, Rabbi Stephen Wise, the president of the World Jewish Congress. Despite these warnings, laws were not changed appreciably to allow those seeking safety to enter the United States. Soldiers and marines of the United States and Allied forces were probably not fully aware of what they would find when they arrived at the camps in 1945.

According to Dr. Ron Milam in the introduction to The Texas Liberators, by

April 1945, Allied troops of both the United States and the Soviet Union had sufficiently established control over Germany and German-occupied Poland. After troops witnessed the horrors of a concentration camp, General Dwight D. Eisenhower ordered the forces to 'liberate' the camps that had been used to imprison, force labor at gunpoint, and persecute and mass murder Jews, Roma and Sinti (Gypsies), homosexuals, communists, political prisoners, or 'common' criminals. What is most alarming and evidence of the genocide perpetuated by the Nazis was that more than 3,000,000 Jews and hundreds of thousands of others were murdered in those camps.

The liberating soldiers were shocked beyond imagination at the horrific sights they discovered in the camps.

Depending on the extent and degree of malnutrition, some prisoners would attempt to hug, thank, or embrace the soldiers, but most just wept.

The memories of these moments would stay with the liberators forever.

In this compilation of interviews edited by Aliza Wong, the liberators share those memories with us. We thank them for their service. – Dr. Ron Milam, Associate Professor, Department of History, Texas Tech University

Another milestone of the [Texas Holocaust and Genocide] Commission's

great work. - George H. W. Bush

The stark, profound images in **The Texas Liberators** capture a range of expressions and emotions in these elderly gentleman, leading to an even deeper connection to their experiences.

Law / Estates & Trusts / Self-help

Plan Your Estate, 14th edition by Denis Clifford, Attorney (Nolo)

Estate planning may sound difficult, but most people just need a few basic documents. Plan Your Estate shows readers how to protect their loved ones from legal hassles and financial uncertainty after their death.

The **14**th edition of Plan Your Estate is completely updated to reflect the latest state and federal laws, including the Tax Cuts and Jobs Act of 2017. The book applies in all U.S. states except Louisiana. Author Denis Clifford, an editor of The Law Review at Columbia Law School, is a lawyer who specializes in estate planning.

Plan Your Estate provides the information and encouragement readers need to create security for their property, their children, and their health after they become incapacitated or die. In plain English, it covers every standard estate planning topic in detail.

Readers learn about:

- Wills and living trusts.
- Avoiding probate.
- Bypassing (AB) trusts.
- Naming guardians for children.

- Leaving property to children.
- Estate, gift, and inheritance taxes.
- Strategies for business owners.
- Leaving property to charity.
- Health care directives.
 - Financial powers of attorney. An excellent source of information on wills and estate planning. - The **New York Times** Particularly helpful are a series of 'profiles' that illustrate how estate plans can benefit various individuals and families. -The Wall Street Journal A clear, comprehensive and even charming book. - The Los Angeles Times Plan Your Estate continues to be a definitive and reliably informative reference for anyone wanting to create a will, a trust, avoid probate, create a living well or a power of attorney, and minimize estate and gift taxes on a state and/or federal level.... Plan Your Estate also comes with a website at www.nolo.com.... Exceptionally well written, organized and presented, Plan Your Estate is an absolutely vital reference and resource that should be a part of every personal, professional, community, and

academic library Money/Finance instructional reference collection. - The Midwest Review

Plan Your Estate provides all readers need to know about wills and trusts, estate and gift taxes, avoiding probate, and powers of attorney and living wills whether they create their own estate plan or go to a lawyer for assistance. The information in the book will help readers formulate their plan and will save them time and money.

Literature & Fiction / Cozy

<u>Hide and Sneak</u> by G. A. McKevett (A Savannah Reid Mystery Book 23: Kensington)

As one of nine siblings raised in the Deep South, plus-sized P.I. Savannah Reid has experienced her share of family drama. But shotgun weddings and snooty in-laws don't worry her nearly as much as a search for a missing mother and child – especially when it leads to murder....

Author G.A. McKevett is the author of the acclaimed *Savannah Reid* mystery series. Also writing under the name Sonja Massie, she has authored over 60 books ranging from cozy mysteries, to historical romances, to nonfiction works on the history of Ireland.

In <u>Hide and Sneak</u>, 23rd in the series, Savannah and her husband have settled back in San Carmelita, California, and life is slowly returning to normal – if 'normal' means babysitting

newlyweds Tammy and Waycross's incredibly fussy infant daughter. But soothing a squalling baby is kid's stuff compared to the Midnight Magnolia Detective Agency's latest case. Handsome up-and-coming actor Ethan Malloy has enlisted the help of Savannah and Co. in a desperate attempt to track down his missing wife and toddler, not long before the beloved family nanny gets murdered. With the police involved and paparazzi swarming at every turn in Hide and Sneak, the discreet search becomes a sensationalized homicide investigation, leaving Savannah rushing to apprehend the killer and save the missing child. Famous heartthrobs can attract the wrong kind of attention, and some snooping into the complicated private lives of Ethan and his wife tells Savannah that she's in for a deadly chase. As Savannah dismantles bombshell after bombshell while balancing delicate family matters of her own, she soon finds herself closing in on a terrifying culprit one who's willing to do anything for a moment in the spotlight....

In McKevett's enjoyable 23rd Savannah Reid mystery [Hide and Sneak] (after 2017's Every Body on Deck), Savannah, the proprietor of the Midnight Magnolia Detective Agency, answers a distress call from actor Ethan Malloy, one of Hollywood's hottest hunks.... As this inventive entry demonstrates, McKevett

knows how to keep a long-running cozy series fresh. – Publishers Weekly

Praise for other novels in the series:

Well-drawn, sympathetic characters; satisfying plot twists; and plenty of humor distinguish this lively, long-running cozy series. –
Booklist

Superb. – Publishers Weekly, starred review

Savannah's as feisty as ever. – Kirkus Reviews

Added to a well-plotted mystery, the very funny depiction of a different side of reality television makes Murder a la Mode a delight. – Mystery Scene

A luscious heroine, humor, and down-home characters. – Library Journal

<u>Hide and Sneak</u> is a nice addition to this long-running series.

Literature & Fiction / Poetry

<u>The Chance of Home</u>: Poems by Mark S. Burrows (Paraclete Poetry Series: Paraclete Press)

Somewhere there must be where no one wonders whether you belong...

So begins the title poem of this remarkable collection.

Author Mark S. Burrows is a scholar, poet, and teacher, known internationally for his work on theology and spirituality, mysticism and poetics. For more than two decades he taught in several graduate theological schools in the US and Germany.

The poems in The Chance of Home remind us that 'home' shapes us, not as a particular place; home is a way of being in this world, for us and for the creatures with whom we share it. It finds expression in the inner light that carries us through dark seasons and in what inspires us to risk life in the face of death. Home comes to us in the unexpected glimpses we sometimes have of a wholeness resonant enough to hold us amid fragments. Many of these poems come from a long looking at the familiar and the ordinary, a patient listening for traces of a beauty that might still save us – in the rhythms of a street musician plying his trade in a Lisbon subway, the radiance of birdsong interrupting the night's last hour, and the tolling of an old temple bell that 'still sings in the silences.'

The poems in <u>The Chance of Home</u> ponder the resilience that lies at the heart of the natural world, as well as in our desire to thrive amid the distractions that pressure us in our lives. In an over-saturated age like ours, they invite us to linger at the edges of silence, and wonder what it means that we are not made for reason alone, but 'for what song can bring of solace and delight.'

These wise and tender poems practice what

Mark S. Burrows calls 'long listening,' a focused attentiveness to the particulars of skies, clouds, trees, geese and songbirds; to city streets and the homeless: to his wife, children and cats.... - Robert Cording, poet and author of Walking with Ruskin and Only So Far I read The Chance of Home with a growing sense of pleasure and recognition. Here is a poet with a profound awareness of nature and its spiritual resonances, its correspondences. Mark S. Burrows wears his learning lightly as he meditates, in lovely and accessible language, on the penetration of spirit into matter. This is a poetry of incarnation, summoned in memorable words that echo and ring with a music of their own. - Jay Parini, poet, biographer, novelist, journalist and author of New and Selected Poems, 1975 -2015 and Empire of Self: A Life of Gore Vidal Mark S. Burrows' poems offer the reader both invitation and gift - when you say yes, the treasures lay themselves out like a banquet for the heart. I

love the sense of both longing and fullness held in tension through image and rhythm, a quiet knowing and wise unknowing revealed in the spaces between the words, and the grace of stillness beckoning from each poem. - Christine Valters Paintner, poet, retreat leader, and author of The Wisdom of the Body: A Contemplative Journey to Wholeness for Women and Illuminating the Way: Embracing the Wisdom of Monks and **Mystics** To read Mark S. Burrows' poems in The Chance of **Home** is to take a walk with the saints, both the churched and the literary, and to see the sun-struck wonder of the world 'here below' through their and his eyes. Burrows is the gracious poet-guide on our journey, teaching the wisdom of Rilke, Augustine, Simone Weil, Heraclitus, Emily Dickinson, and Jesus, singing the song of 'the lure of distances,' feeding us with 'crumbs ... enough to make a feast,' and revealing to us at every turn the 'glimpse of home in the ordinary of it all.'... Burrows' poems are

delicate tunes, brief epiphanies, faithful assurances against the uncertainties of eternity. It is a joy to march in step with his song, to stand surrounded by that cloud of witnesses, to be in that number. - Angela Alaimo O'Donnell, poet, professor of English, Creative Writing and American Catholic Studies at Fordham University, and author of Still Pilgrim, Poems and Lover's Almanac It gives me great joy to read The Chance of Home: its gentle confidence fills me with hope. Often these poems put me into that serene Wordsworthian mood when I find I am 'become a living soul.' But they also confront silence, darkness and homelessness: in their evoking of song, they gather into themselves 'the most ancient of things,' understanding with Wallace Stevens that 'poetry is a part of the structure reality.' Mark S. Burrows' work beautifully manifests this truth as it provides a 'chance,' or song-filled sense, of home for the wandering soul on earth. - Edward Clarke teaches English and

creative writing at Oxford University and is author of The Vagabond Spirit of Poetry and The Later Affluence of W.B. Yeats and Wallace Stevens This collection gathers us again to wonder at what has been given to us every day, anywhere. Mark Burrows' poems invite us to see more than we see. beckoning us to wonder and to marvel. Rilke is listening here, and Wallace Stevens, too, but the distinctive voice is Burrows' own music, at once sensuous and full of Augustinian, even apophatic, longing. Don't we know what we see is here? Read and see. -Don Saliers, theologian and musician, Emory University In these elegant poems of stately simplicity and lyrical rhythms, Mark S. Burrows crafts a poetry that is resonant with what is reverential.... This is a book of essences, whose author is drawn by the seasonal migrations of geese; and like those flocks, these poems consistently point to the true north on life's metaphysical compass. These poems offer the reader 'what we/ need to

brave the stinging cold.'
Ultimately, however, this is a poetry of praise, which opens from within its own center, as does the lily. – Wally Swist, poet and author of thirteen chapbooks, a translation (with David Breeden and Steven Schroeder) of the Daodejing, and sixteen collections of poems

The Chance of Home is an invitation to linger at the edges of silence. These are poems that remind us to look and listen for the traces of beauty that might still save us.

Politics / Friendship / Biographies & Memoirs

<u>Selflessness</u>: Winston Churchill on Politics as Friendship by John von Heyking (St. Augustine's Press)

Regarding friendship as a key to politics seems archaic or even elitist today in the minds of many. But for many of the greatest statesmen of the past and even of contemporary times, friendship has been the central category of their statecraft and their moral vision of politics. Churchill was one of those statesmen.

Histories and biographies of Winston Churchill (1874 –1965) frequently mention his friends. Some comment on their importance but few explain their significance. Indeed, he rarely spoke of his friendships. However, his concern for friends and for friendship always seems to hover above, or in the background, of his statecraft and in his thinking about statecraft and politics. Comprehensive Judgment and Absolute Selflessness, by John von Heyking, brings friendship into focus as a central component of Churchill's understanding of politics and statesmanship.

Heyking is Professor of Political Science at the University of Lethbridge, where he teaches political philosophy and religion and politics.

<u>Selflessness</u> examines friendship as the core of Churchill's moral vision of politics by considering both his practice of friendship, as well as his thoughts on friendship in political life. It examines some of the friendships he conducted in his political life, including with Lord Birkenhead (F. E. Smith), Lord Beaverbrook (Max Aitken), and Franklin D. Roosevelt.

It also examines his historical and political writings to explain how he regarded friendship also as a goal for political life. He regarded Parliament as a club of friends who esteemed their friendships, as parliamentarians who are custodians of the common, as nobler than the partisan differences that divided them. The idea of transpartisan friendships also animated the 'Other Club' he founded with Birkenhead. Indeed, Churchill thought parliamentary democracy, more than other regimes, depends upon the friendliness of its statesmen and its citizens to mitigate the heat of factional strife. For him, parliamentary democracy depends on personal friendships of the highest order to sustain the forms and formalities of the regime, as well as the political friendship upon which they are based.

Churchill's biography of his great ancestor John Churchill, the Duke of Marlborough, is his greatest statement of his political wisdom that consists also of a sustained statement on the centrality of friendship in politics. His view of Great Britain as an 'island story' is also his expression of a political friendship expressed as a long historical adventure, much as he regarded his personal friendships within politics as great adventures. Because adventures get sung about, he was its main singer, whose 'songs' appeared as his speeches and extensive historical writings.

> John von Heyking has written a lucid, graceful, and instructive account of friendship in the life and statecraft of Winston Churchill. As von Heyking shows, Churchill embodied the Homeric and Aristotelian virtues in a gentler, Christian form, melding together magnanimity and moderation and "the flame of Christian ethics." His friendships with F.E. Smith and Franklin Roosevelt, among others, ire expertly explored as manifestations of what Aristotle called "virtue

friendship." The reflection on the deep and abiding friendship between Churchill's great ancestor John Churchill, the Duke of Marlborough, and Eugene of Savoy, is the highlight of the book. Von Heyking shows how Churchill completes Marlborough's statesmanship by being the `story-teller' par excellence. Three cheers for this luminous exploration in 'empirical political philosophy.' -Daniel J. Mahoney, Augustine Chair in Distinguished Scholarship, Assumption College

As a book about Churchill's moral vision for politics, Comprehensive Judgment and Absolute Selflessness asks a philosophical question by considering his life, political actions, and writings. This book is not a biographical or historical description of Churchill and his friends, but a character sketch, or a work of 'empirical political philosophy' because of the philosophical exposition it provides of the actions and speeches of a creative prince such as Churchill.

Professional & Technical / Criminology Terrorism

Homeland Security & Terrorism, 2nd edition by Larry K. Gaines, Janine Kremling & Victor E. Kappeler (What's New in Criminal Justice Series: Pearson Education, Inc.) On September 11, 2001, operatives of the terrorist group al Qaeda attacked the World Trade Center in New York City and the Pentagon in Arlington, Virginia, using hijacked passenger airliners. It was the most significant terrorist attack on the United States, and it had a quashing impact on the country and the public psyche. Terrorism has existed throughout the world since there were nation-states, but the 9/11 attacks made Americans acutely aware of the United States' vulnerability.

President George W. Bush immediately took action. Nonetheless, the US now is engaged in homeland security and constantly making adjustments so that it can better deter attacks and respond to any attacks that might not be prevented. Thus, homeland security is a work in progress.

Homeland Security & Terrorism, 2nd edition examines the efforts to secure the homeland, and it critically examines some of the problems that have occurred in the past. Since homeland security primarily is a response to the threat of terrorism, this threat is intertwined throughout the text. In order to understand homeland security, one must first understand the threat and operations of terrorist organizations. To a large extent, the organization and operation of homeland security are dictated by the terrorist threat. The book therefore attempts to address both concerns so that readers have a firm grasp of both terrorism and homeland security.

Authors of Homeland Security & Terrorism are Larry K. Gaines, Janine Kremling, and Victor E. Kappeler. Gaines, a professor of criminal justice at California State University, San Bernardino, is a former police officer and a former president of the Academy of Criminal Justice Sciences. Kremling is an associate professor at California State University, San Bernardino, and has taught a wide variety of classes, such as transnational crime, which includes components on homeland security and terrorism. Kappeler, who has won numerous awards, is Dean and Foundation Professor of the College of Justice and Safety at Eastern Kentucky University.

Homeland Security & Terrorism Contains 14 chapters organized into four major parts examining a variety of topics and issues that are important in understanding homeland security and terrorism. Each chapter begins with learning objectives that provide a roadmap for the chapter. Embedded in each chapter are Web Links and Analysis Boxes. The Web Links point to materials readers can access in order to clarify points or obtain additional information about an area in the chapter. The Analysis Boxes are analytical situations that apply information in the chapter. Discussion questions are also provided to assist readers in identifying some of the key issues in each chapter. Finally, each chapter contains an extensive up-todate reference list.

This 2nd edition of Homeland Security & Terrorism includes updated features and figures, a new Critical Infrastructure Protection Plan by the U.S. government, updated cybercrime and cybersecurity analysis, a focus on ISIS terrorist activities and financial activities, updated analysis of disaster response system (Federal Emergency Management Agency), and an analysis of current immigration and border security issues.

Part I: The Foundation for Homeland Security provides an in-depth foundation for understanding homeland security. Homeland security encompasses a wide range of agencies and activities. The chapters in Part I examine the various activities that constitute homeland security, the various agencies involved in securing the homeland, critical infrastructure or potential terrorist targets, and the laws used to counter terrorism.

- Chapter 1: Introduction to Homeland Security
- Chapter 2: The Homeland Security Apparatus
- Chapter 3: Overview of National Infrastructure Protection
- Chapter 4: Legal Aspects of Homeland Security

Part II: Homeland Security and Terrorism focuses primarily on terrorism. Terrorism is the primary justification for homeland security. In order to develop an effective homeland security apparatus, it is important to understand the nature of terrorism. The chapters in Part II provide this foundation by defining terrorism and examining the various terrorist groups and their activities.

- Chapter 5: Political and Social Foundations of Terrorism
- Chapter 6: The Nature and Geography of Terrorist Groups, State Sponsors of Terror, and Safe Havens
- Chapter 7: Transnational Organized Crime and Terrorism

Part III: Defeating Terrorists and Their Activities. When considering counterterrorism, we too often focus exclusively on the battlefield. However, the battlefield is only one area of concern. Homeland security requires a full, direct attack on a variety of fronts. The chapters in this part examine several important issues, including intelligence, weapons of mass destruction, cyber terrorism, and terrorist finances.

- Chapter 8: Intelligence and Counterintelligence and Terrorism
- Chapter 9: Homeland Security and Weapons of Mass Destruction
- Chapter 10: Cybercrime and Terrorism
- Chapter 11: Terrorist Financing

Part IV: Homeland Security's Response to Terrorist Threats examines the endgame in homeland security. It examines several topics, including immigration and border control, the response to homeland security incidents, and policing and homeland security. Border control and immigration are hotly contested political issues that have implications for homeland security in terms of preventing terrorists from entering the United States. This part also examines the framework for responding to terrorist attacks, including the role of the police and counterterrorism.

- Chapter 12: Border Security and Immigration
- Chapter 13: The Response to Homeland Security Incidents
- Chapter 14: Homeland Security and Policing

The book also contains Instructor Supplements, including an Instructor's Manual with Test Bank, TestGen, a computerized test generation system and PowerPoint Presentations.

Homeland Security & Terrorism, 2nd edition clarifies the issues and provides information to the thousands of men and women who are involved in homeland security. Students need a textbook that they can read and understand, one that helps them to organize the information, challenges them to think about the information, and assists them in studying; this book accomplishes all of these goals and even helps students to think about their learning and studying skills and to improve them.

Religion & Spirituality / Christianity / Theology / Collections

<u>The Goldilocks Zone</u>: Collected Writings of Michael J. Ovey by Michael J. Ovey, edited Chris Green (InterVarsity Press)

The untimely passing of Mike Ovey, the former principal of Oak Hill College, London, in January 2017 was met with a wave of appreciation for his theological contribution to evangelicalism in the UK and across the world. It was said that his students were his writing – indeed he wrote few books. So here in The Goldilocks Zone, for the first time together, are a collection of articles that

Ovey wrote for theological journals and conferences. They show the breadth and depth of his intellect and originality.

The Revd Michael J. Ovey (1958-2017) served as the greatly loved and widely respected principal of Oak Hill College from 2007 until his sudden and unexpected death on January 7, 2017. Before joining Oak Hill, Ovey was a civil service lawyer drafting government legislation. He trained at Ridley Hall, Cambridge, and worked as a curate for four years at All Saints, Crowborough, before teaching for three years at Moore Theological College, Sydney. He joined Oak Hill in 1998 and completed a PhD in the field of Trinitarian theology. He authored Your Will Be Done: Exploring Eternal Subordination, Divine Monarchy and Divine Humility, and coauthored Pierced for Our Transgressions and Confident: Why We Can Trust the Bible.

The editor of <u>The Goldilocks Zone</u>, Chris Green, is Vicar of St James, Muswell Hill, London. He served as Vice-Principal of Oak Hill College, London, from 2000 to 2014.

For Ovey, in the same way that the earth is a 'Goldilocks planet', with conditions 'just right' to sustain life, so for theology we need a 'Goldilocks zone' that is 'just right', encompassing both 'local' and 'global' theologies. This idea is unpacked in the first item of The Goldilocks Zone, which consists of fifteen 'Off the Record' articles for the online journal *Themelios*, seven Cambridge Papers, two essays on the gospel and

the atonement, and three lectures given at the Global Anglican Futures Conference (GAFCON). There are introductory pieces by Mark Thompson and Chris Green and an afterword by Dan Strange. Peter Jensen's sermon at the thanksgiving service for Ovey's life and ministry is also included.

The Goldilocks Zone shows why Ovey's contribution to evangelical Christianity was so widely appreciated in the UK and around the world.

Religion & Spirituality / Islam / History

Kingdoms of Faith: A New History of Islamic Spain, 1st edition by Brian A. Catlos (Basic Books)

In <u>Kingdoms of Faith</u>, award-winning historian Brian A. Catlos rewrites the history of Islamic Spain from the ground up, evoking the cultural splendor of al-Andalus, while offering an authoritative new interpretation of the forces that shaped it. Catlos is a professor of religious studies at the University of Colorado at Boulder.

Prior accounts have portrayed Islamic Spain as a paradise of enlightened tolerance or the site where civilizations clashed. Catlos taps a wide array of primary sources to paint a more complex portrait, showing how Muslims, Christians, and Jews together built a sophisticated civilization that transformed the Western world, even as they waged relentless war against each other and their coreligionists. Religion was often the language of conflict, but

seldom its cause – a lesson readers would do well to learn today.

The history of Islamic Spain has been recounted many times, in many ways. What almost all these histories share is the presumption that religion was at the heart of this history – that Muslims, Christians, and Jews on the Iberian Peninsula engaged in a contest defined by their religious identity and ideology. The three religions are seen as protagonists in an operatic tale. But as Catlos explains, the conventional histories of Islamic Spain are largely wrong.

In <u>Kingdoms of Faith</u>, Catlos draws on a deep well of primary and secondary sources not previously accessible to English-speaking readers to offer an authoritative new account of the forces that shaped Islamic Spain.

Catlos argues that Islamic Spain was neither a site where civilizations clashed, nor a place of enlightened, progressive religious 'tolerance.' Religious identity was only one means by which individuals imagined their place in the world. They also saw themselves as members of ethnic groups, subjects of kingdoms, inhabitants of towns and neighborhoods, members of professions and collectives, men and women, lovers and friends. And more often than not, these bonds of association were far more important than shared religious identity.

In this magisterial history, spanning the thousand years from the founding of Islam in the 7th century to the final

expulsion of Spain's Muslims in the early 17th century, Catlos shows readers Christians allying with Muslims against fellow Christians, Jews rising to become kings of Christian and Muslims alike, and Muslim kingdoms granting citizenship to Christians and Jews. These cross-religious narratives rarely made it into the historical narrative. The chronicles and histories that historians use were compiled many years, often centuries, after the events they describe. As a result, they are distorted by hindsight, as well as by the prejudices, ideals, agendas, memories, aspirations, and convictions of their authors.

As Catlos contends in <u>Kingdoms of Faith</u>, religion was the language of conflict – every kingdom in this era presented itself as a 'kingdom of faith' – but rarely its cause. Instead, it was a pretext for power grabs, for assassinations, for revolts, for betrayals, and for wars. Most rulers in this era were after power and prestige first – and used religion as a means to those ends.

Even as he advances an important new interpretation of the nature of Islamic Spain, Catlos narrates the defining episodes of this eventful millennium, including the Muslim conquest in 711; the rise of Cordoba – 'the ornament of the world' – as a center of learning and culture in the 10th century; the Christian Reconquista in the 12th and 13th centuries, including the travels and conquests of the warrior known as El Cid; the tumultuous Taifa period, when Islamic Spain fractured and witnessed almost constant warfare; and the reign

of Ferdinand and Isabel in the 15th century.

Throughout <u>Kingdoms of Faith</u>, Catlos explores the intellectual, literary, theological, scientific, and architectural marvels of Islamic Spain, from the invention of the astrolabe to the ribaldry of court poets, and from the magnificence of the Alhambra palace to the rediscovery of 'lost' Classical treatises by authors such as Ptolemy, Galen, Plato, and Aristotle.

According to Catlos in Kingdoms of Faith, one of the jobs of the historian is to assess the biases and inaccuracies built into the sources and to attempt to uncover the reality behind the proclamations, myths, legends, errors of fact, contradictions, and carefully crafted historical fictions that make up the record. The goal is to determine what really made people tick and what forces truly shaped events - even when the details can never be definitively established. The historian should not assess guilt, apportion blame or virtue, or moralize; the aim is merely to understand. Thus, no book can claim in good faith to be the 'definitive,' 'true,' or 'real' history of Islamic Spain; there are simply too many factors to account for and too many uncertainties clouding the past. As enlightened and self-critical as they may be, historians today are not that much less vulnerable than their medieval counterparts to bias and presumption.

<u>Kingdoms of Faith</u> represents a 'new history' of Islamic Spain in two senses.

First, rather than following the well-worn storyline of the rise and fall of al-Andalus, Catlos sets out to build a fresh narrative from the ground up and tries to get behind the scenes and examine dynamics that are often obscured but are crucial in the formation of history: the stories of women, slaves, renegades, and functionaries. Second, he bases Kingdoms of Faith largely on the tremendous amount of innovative scholarship that has been carried out in recent years, particularly by scholars from Spain, North Africa, and Europe. Our understanding of al-Andalus has been transformed by new studies of texts, archaeology, and art history, but much of this has not yet reached English-speaking readers.

And finally, there is the question of faith. Both the Muslim and Christian principalities of the medieval Spains were consciously defined by their religious orientation, and for their constituents, religious community was the primary pole around which they constructed their social identity. But it was not the only one. And for much of this history, most of the rulers - and most of their subjects - often behaved in ways that defied the mandates of their religious ideologies. So, just how faithful were they? The answer, of course, is that they were no more or less faithful or idealistic than people today. They were people burdened by imperfections and plagued by self-contradiction, people capable of both great cruelty and tremendous generosity, of selfishness and of sacrifice, and of self-serving rationalization; ultimately, they were

prisoners of their bodies, their ambitions, their vanities, and their appetites. In short, they were like us, and this is what makes <u>Kingdoms of Faith</u> worth reading today.

This is a lively and interesting new account of medieval Spain and Portugal which steers away from the usual stereotypes and gives us a new, and much more nuanced account of relations and interactions between the various communities and faith groups in the peninsula. -Hugh Kennedy, Professor of Arabic at SOAS, University of London and author of Caliphate: The History of an Idea

Catlos's **Kingdoms of Faith** offers an insightful and nuanced view of Islamic Spain from its origins in the eighth century to the poignant demise of Islamic presence, as exemplified by his brilliant reflection on Cervantes' fictional Morisco character, Ricote. Based upon a masterly command of sources and the secondary literature, Catlos eschews the hyperbolic descriptions of Islam in Iberia and the exaggerated claims of tolerance while, at the

same time, showing its many accomplishments and enduring legacy. It is a brilliant, well-written, and well researched book that will force historians to see the Islamic presence in the peninsula in a new light. – Teofilo F. Ruiz, Distinguished Professor of History, UCLA

Mediterranean studies have been shaped in an informative and innovative way by Brian Catlos' contributions in the recent decades. His incursion now into the history of a specific region and polity that of al-Andalus (Medieval Iberia under Muslim rule) - brings to the fore the same qualities that characterize his previous work: an inquisitive and incisive mind that hones in on perceptive questions, combined with the ability to recreate past events in an appealing manner for a wide audience. -Maribel Fierro, Research Professor, Institute of Languages and Cultures of the Mediterranean, CSIC (Madrid), and editor of The Western Islamic world: eleventh to eighteenth centuries (The

New Cambridge History of Islam, II)

Kingdoms of Faith

constitutes a fresh and original contribution to the history of al-Andalus, rooted in the author's profound knowledge of medieval Iberian history. Catlos has managed to produce a very wellwritten and lively narrative that provides an up-todate synthesis of the most recent developments in this field of history. -Alejandro García Sanjuán, professor of History, University of Huelva, and author of Coexistencia y conflictos: minorías religiosas en la Península Ibérica durante la Edad Media

Authoritative, at times thrilling, <u>Kingdoms</u> of Faith is a magisterial, myth-dispelling history of Islamic Spain spanning the millennium between the founding of Islam in the seventh century and the final expulsion of Spain's Muslims in the seventeenth.

A richly textured, panoramic history of a crucial yet misunderstood era, the book reveals the origins of our interconnected, pluralistic world today.

Sports & Entertainment / Biographies & Memoirs / Baseball

The Chicago Tribune Book of the Chicago
White Sox: A Decade-by-Decade History

by Chicago Tribune Staff, edited by Joe Knowles (Midway, Agate)

The Chicago Tribune Book of the Chicago White Sox is a decade-by-decade look at one of the American League's original eight teams, starting with the franchise's Windy City beginnings in 1900 as the Chicago White Stockings (the former name of cross-town rivals the Cubs) and ending with the current team.

For more than a century, the *Chicago Tribune* has documented every Sox
season through original reporting,
photography, and box scores. For the
first time, this mountain of Sox history has
been mined and curated by the paper's
sports department into a single one-ofa-kind volume. Each era in Sox history
includes its own timeline, profiles of key
players and coaches, and feature
stories that highlight it all, from the
heavy hitters to the no-hitters to the
one-hit wonders.

The book was produced by the *Chicago Tribune*, the flagship newspaper of the Chicago Tribune Media Group. Its staff comprises dedicated, award-winning journalists who have authored many bestselling books. The volume is edited by Joe Knowles, the associate managing editor, sports for the *Chicago Tribune*.

To be a Sox fan means to know breathtaking highs and dramatic lows. The team's halcyon days – starting with the championship it won during the first official season of the newly formed American League in 1901 – have always been punctuated with doldrums and

stormy stretches, including a period of time in the '80s when it looked likely that the team would leave Chicago. But with the diehard support of their fans, the 'Good Guys' have always made a comeback – including the team's landmark 2005 World Series win, the first by any Chicago major league team in 88 years. The Chicago Tribune Book of the Chicago White Sox records it all, collecting vintage and contemporary photography, original reporting, timelines and player profiles.

The Chicago Tribune Book of the Chicago
White Sox is a coffee-table volume that
details the history of one of baseball's
most beloved franchises. This volume
amasses decades' worth of full-color
photography, vintage black-and-white
images, reproduced articles, original
reporting, and game-by-game records.

The Chicago Tribune sports department dove deep into its archives to curate this volume of Chicago White Sox history. Each chapter profiles an era of Sox history – from the team's founding to the present day – and includes an overview of the period, a timeline of significant events, spotlights on key players and coaches, and feature stories. Fascinating facts, statistics, lists, and roundups are found throughout the book. Readers find profiles of the following Sox legends and present-day stars, among many others:

- Fd Walsh
- Buck Weaver
- Eddie Collins
- Red Faber
- Monty Stratton

- Wilbur Wood
- Harold Baines
- Carlton Fisk
- Ozzie Guillen
- Mark Buehrle
- Jose Abreu
- Frank Thomas

The Chicago Tribune Book of the Chicago
White Sox is a comprehensive and
expansive portrait of more than 100
years of Chicago White Sox – including
coverage of the team's landmark 2005
World Series win. Fans can relive the
entire history of this fabled franchise in
preparation for 2018's opening day with
a collector's item that any baseball fan
will love.

Business & Investing / Management / Guides

Conscious Capitalism Field Guide: Tools for Transforming Your Organization by Raj Sisodia, Timothy Henry, & Thomas Eckschmidt (Harvard Business Review Press)

Business leaders may subscribe to the basic idea that business can do more than make money, but they are not sure how to act on that conviction or how to share it with the rest of their organization. The <u>Conscious Capitalism</u> <u>Field Guide</u> – the authoritative follow-up to the bestselling book *Conscious* <u>Capitalism</u>, by John Mackey, CEO of Whole Foods Market, and leadership expert Raj Sisodia – gives readers the tools for sharing and implementing the principles of higher purpose and conscious business throughout their organization.

Conscious Capitalism Field Guide provides hands-on materials - the same tools used in companies such as Whole Foods Market, Southwest Airlines, Life is Good, The Container Store, Barry-Wehmiller, Zappos, and many others – that they can use on their own, with their team, or with others throughout the organization to build conscious leadership and practices into their business. Organized according to the four core principles (higher purpose, stakeholder orientation, conscious leadership, and conscious culture) of Conscious Capitalism, Conscious Capitalism Field **Guide** provides exercises, worksheets, checklists, and instructions - for use both individually and with teams - as well as advice, examples, and real-life stories to help readers apply these ideas and make them come alive in their organization. The team:

- Writes a purpose statement.
- Learns how to create win-win-win relationships with all their stakeholders.
- Creates a 'culture playbook' for their company.
- Develops a leadership checklist for the organization.
- Builds a personal leadership development plan.
- Sets priorities for the coming year and beyond.

Raj Sisodia is the coauthor of the bestselling book *Conscious Capitalism* and a professor at Babson College.
Timothy Henry is the co-CEO and Managing Partner of Bridge Partnership and a cofounder of Conscious
Capitalism, Inc., where he is a trustee and member of the executive

leadership team. Thomas Eckschmidt is a cofounder of Conscious Capitalism Brazil, speaker, and certified B Corp entrepreneur.

Conscious Capitalism is a philosophy – along with a set of guiding principles and best practices – based on the simple idea that business is about more than making a profit. It is an approach to business built on the fundamental, universal truth that people aspire to more – to meaning and purpose, and to flourishing and fulfillment.

Conscious Capitalism does not hold the notion of profit in contempt – no business could exist without making money. Rather, the philosophy provides an alternative approach to the essential pursuit of profits, one that emphasizes ideas like trust, collaboration, and compassion. It says that business is good, even heroic, because it creates prosperity.

Since the publication of Mackey and Sisodia's book, companies large and small around the world have developed a growing interest in embarking on a journey of Conscious Capitalism. To meet that need, this book, Conscious Capitalism Field Guide, is a hands-on guide for businesses - young and old, small and large, private and publicly traded - to implement the core principles of Conscious Capitalism in their own organizations. The book can also be used by nonprofits and the public sector; the principles of operating as a conscious, purpose-driven organization are universal.

The first four parts of Conscious Capitalism
Field Guide cover the four tenets of
Conscious Capitalism. The final part
focuses on bringing it all together into
an actionable plan. By the time readers
complete the book, they will have
developed an implementation plan
and strategy for them and their business
to successfully embrace Conscious
Capitalism.

Each opening chapter in parts 1 through 4 introduces readers to a tenet and shares examples through stories and other comments from interviews with business leaders. Besides introducing the tenets, these chapters provide a glimpse of what other companies on this journey have done.

Subsequent chapters in each part present exercises, assessments, and other tools. The authors suggest how readers can dive deeper into specific aspects of their business by using tools such as customer and employee surveys that address levels of engagement and trust. The point is to understand the gap between where they aspire to be and where they are today.

Conscious Capitalism Field Guide then provides exercises and practical actions that help readers assess the possible next steps for each tenet. In this way, they can begin to create their own action plan for implementing the practices and principles of Conscious Capitalism.

A valuable workbook on how to turn business relationships from win-lose

into win-win-win. - William Ury, coauthor, Getting to Yes; author, Getting to Yes with Yourself This timely guide to building a more human and more sustainably high-performing organization is concrete, actionable, and suffused with the passion of its authors to create great workplaces and change the experience of all of us who spend the greater part of our lives at the office! - Tony Schwartz, CEO, The Energy Project; author, The Way We're Working Isn't Working The Conscious Capitalism Field Guide illuminates the path that businesses can take to become more conscious. It should be essential reading in boardrooms and business schools. - Chade-Meng Tan, former "Jolly Good Fellow," Google; New York Times bestselling author, Joy on Demand and Search Inside Yourself; and adjunct professor, Lee Kuan Yew School of Public Policy This book is a road map for corporate leaders interested in creating cultures that value innovation and social

consciousness and building successful organizations that make a positive impact on the world. - Ron Shaich, founder, Chairman, and CEO, Panera Bread This book gives a compelling account of why the successful companies of the future will be those rooted in a deeper sense of purpose, which it combines with a highly practical road map on how to move from aspiration to action. - Paul Polman, CEO, Unilever

By understanding the principles of *Conscious Capitalism* and engaging with these exercises, with their teams, and with others in the organization, readers will have the tools for creating a more conscious business, as many other successful companies built on the tenets of Conscious Capitalism have done. <>

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